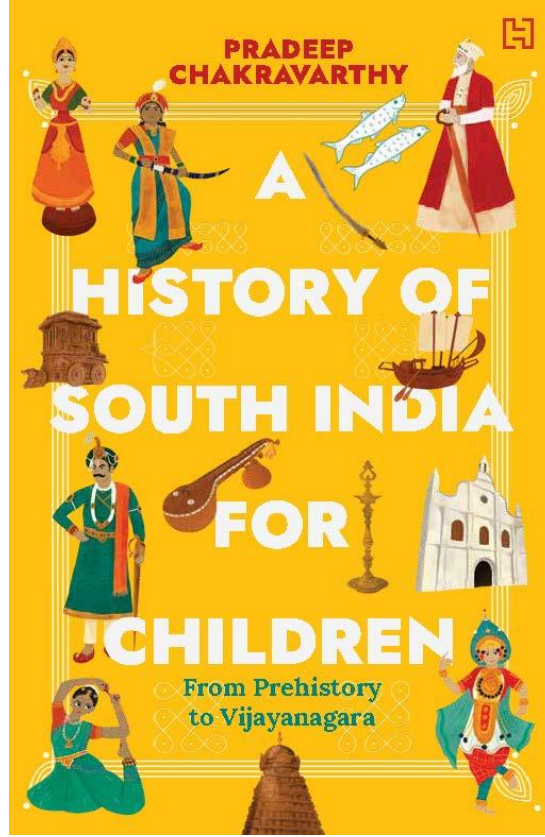


## Press Release

# *A HISTORY OF SOUTH INDIA FOR CHILDREN*



**By Pradeep Chakravarthy**

January, 2024 | Rs. 499

HISTORY

### About The Book:

The Kohinoor diamond was once the eye of a Kakatiya deity.

The Pandyas are counted among the world's longest ruling dynasties.

Sanskrit poets spun mesmerizing verse that could be read in reverse too.

Tantalizing Malabar spices flavoured the most lavish ancient Roman banquets.

Make your way across south India, exploring its kaleidoscopic past and dazzling heritage, right from its first inhabitants up to the Vijayanagara Empire. Meet its royalty and courtiers, builders and sculptors, poets and authors, traders and merchants, spiritual leaders and devotees, and all the other people who went to make it a top destination of the time.

Separated from the north by the Vindhya mountains and surrounded on three sides by water, southern India developed its own unique features – with outstanding rulers, incredible literature, spellbinding architecture, stunning dance forms and delicious food.

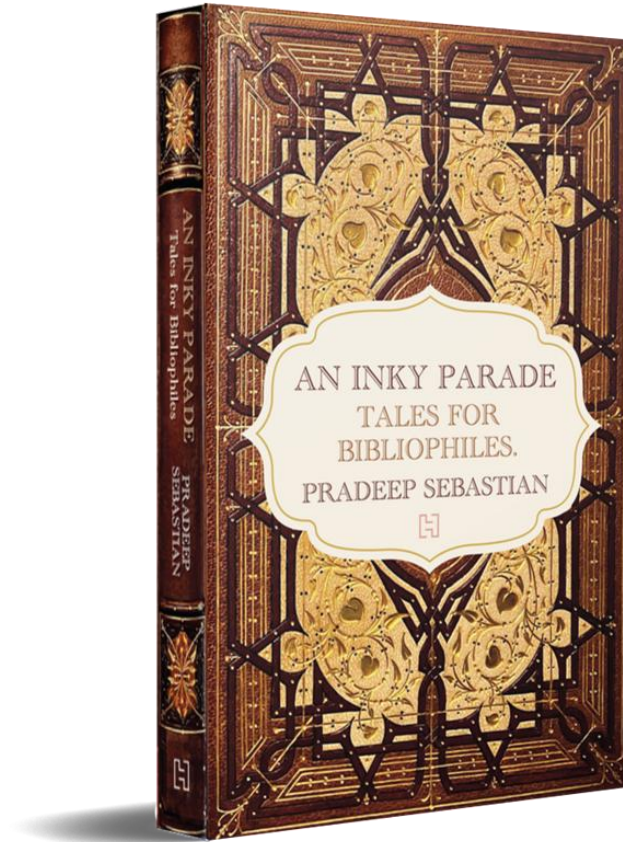
Written in an easy style, by theme, and peppered with illustrations, photographs and tips for museum or monument visits, this very first history of south India for children (and their families) tells the thrilling and eventful story of the region's proud past.

### **About the author:**

**Dr. Pradeep Chakravarthy** is a graduate of the London School of Economics, UK, and JNU, Delhi. He has a PhD in history. An award-winning student, he has more than two decades of work experience, especially in learning and development. His mission is to help people understand present and future behaviour by understanding the past. Pradeep's corporate experience (TVS, Cognizant, Infosys and McKinsey) aids his consultations on helping individuals and organizations change behaviour, based on history. He has authored nine books with a focus on the culture of Tamil Nadu and how history can help us improve performance at work. He has published more than 200 articles in magazines/newspapers, mostly on history and its relevance to our lives today. He has recently opened 'Anantya in The Village', a heritage hotel in Alwar Tirunagari, Tamil Nadu. He conducts heritage immersion tours here for children.

Press Release

## **AN INKY PARADE**



**By Pradeep Sebastian**

January, 2024 | Rs. 799

LITERARY ESSAYS

*From gilded Mughal manuscripts to tips for online book auctions, An Inky Parade is the perfect companion for every booklover.*

## About The Book:

Pradeep Sebastian has been an avid bibliophile and book collector for over a decade. In this collection of essays, he paints in full splendour the picture of a life devoted to the romance of books, blending personal experience, revelatory conversations and bewitching legends from the world of books.

Meet the biryani chef guarding a prized Ottoman manuscript, track the mysterious 'Book Prince' of Kolkata, and visit the cottage in Kodaikanal that lures book collectors with its siren song. Discover how an emperor's defeat brought illuminated manuscripts into sixteenth-century India, how a rare 1865 edition of Alice in Wonderland surfaced in an Indian bazaar, and much more.

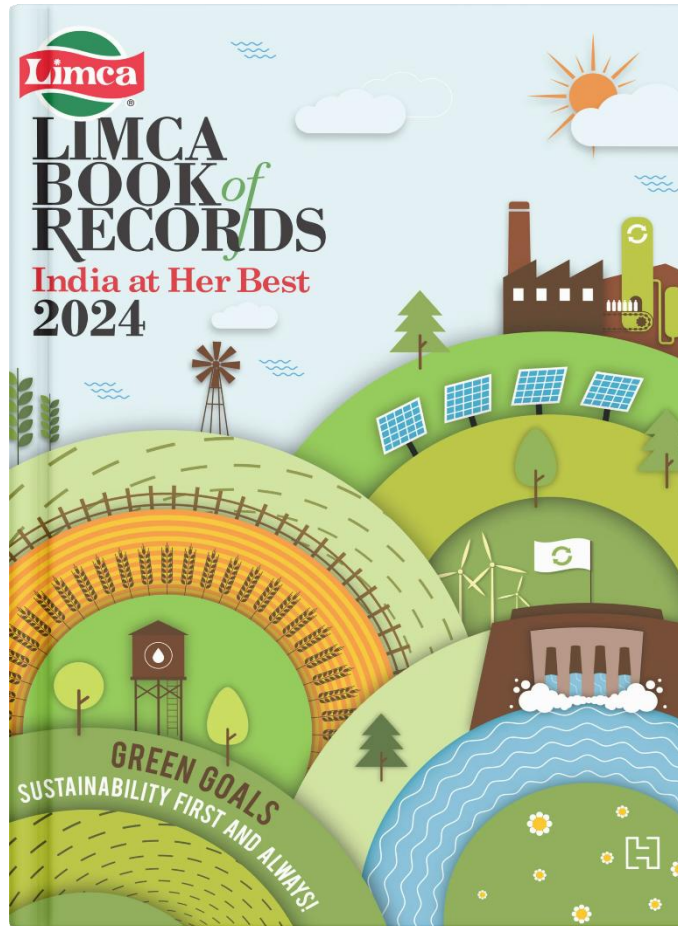
***An Inky Parade is a window into the charming world of antiquarian book trade in India and around the world, as well as an ode to the book as an object of art, sure to delight every reader.***

## About the author:

***Pradeep Sebastian*** is the author of *The Book Beautiful*, a collection of fine books not from physical bookshops but from rare book hunting online, *The Groaning Shelf and Other Instances of Book Love*, a collection of his bibliophile essays, and *The Book Hunters of Katpadi*, a bibliographical romance.

## Press Release

# LIMCA BOOK OF RECORDS



January, 2024 | Rs. 550  
REFERENCE

***India's longest-running record book completing 34 years.***

## About The Book:

**FEATS OF EXTRAORDINARY TENACITY**

**STORIES OF STUNNING PERFORMANCES**

**TRIUMPHS OF NEVER-SAY-DIE ACHIEVERS**

India's **most comprehensive** book of records captures the country's stellar achievements in human endeavour, structures, sports, education, defence, government, science and technology, adventure, business, cinema, environment and sustainability, literature, and the arts.

From the longest, tallest, and fastest to the unique and truly extraordinary, this curation of superlatives presents a remarkable range of **newly set records** and those that have stood steadfast over the years. A recap of the record-breaking show at the **Asian Games 2022** and a focus section on **Indian Parliament** make this edition extra special.

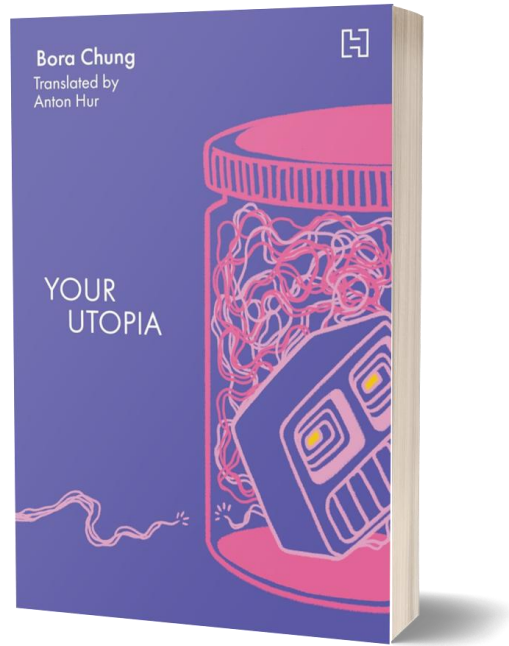
Records in the conservation of the environment and betterment of our communities, among others, are sure to resonate and motivate readers.

This edition of India's number one record-cum-reference book, with over **450 coloured images**, is packed with informative **timelines**, reader-friendly **infographics**, **tables**, and **number trivia**.

***Limca Book of Records 2024 promises to thrill, enrich, and entertain! ... as always!***

## Press Release

# **YOUR UTOPIA**



**By Bora Chung, translated by Anton Hur**

February, 2024 | Rs. 599  
SFF (SCIENCE FICTION & FANTASY)

***The thrilling sequel to the International Booker Prize 2022  
shortlisted Cursed Bunny.***

### About the book:

By the internationally acclaimed author of *Cursed Bunny*, in another thrilling translation from the Korean by Anton Hur, *Your Utopia* is full of tales of loss and discovery, idealism and dystopia, death and immortality.

'Nothing concentrates the mind like Chung's terrors, which will shrivel you to a bouillon cube of your most primal instincts' (*Vulture*), yet these stories are suffused with Chung's inimitable wry humour and surprisingly tender moments, too—often between unexpected subjects.

Chung's writing is 'haunting, funny, gross, terrifying—and yet when we reach the end, we just want more' (Alexander Chee).

**If you haven't yet experienced the fruits of this singular imagination, *Your Utopia* is waiting.**

### About the author:

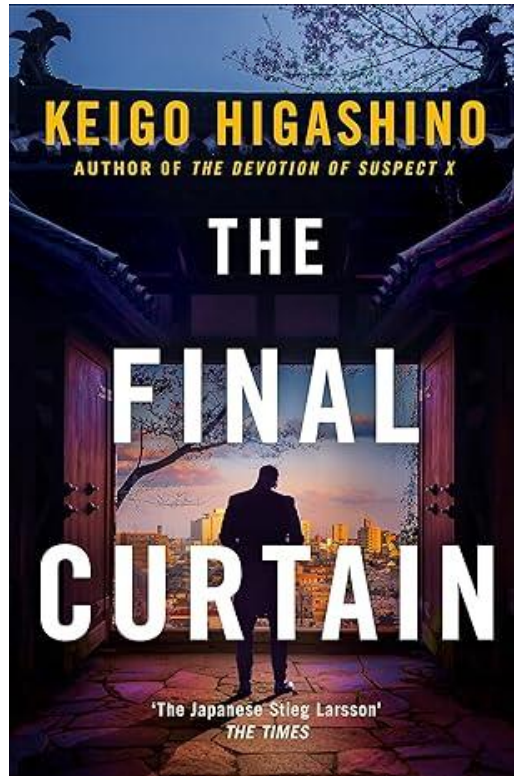
**Bora Chung** has written three novels and four collections of short stories and has translated modern literary works from Russian and Polish into Korean. She has an MA in Russian and East European area studies from Yale University and a PhD in Slavic literature from Indiana University. Her book *Cursed Bunny* was shortlisted for the International Booker Prize in 2022.

**Anton Hur** was a finalist for the International Booker Prize and the National Book Award for his translation of Bora Chung's *Cursed Bunny*. He is the co-translator of *Beyond the Story: 10-Year Record of BTS*, which was a #1 *New York Times* Bestseller.



Press Release

## **THE FINAL CURTAIN**



**By Keigo Higashino**

February, 2024 | Rs. 699  
THRILLER, CRIME & MYSTERY

***‘Brilliantly twisty... Higashino metes out the plot's surprises slowly, prioritizing Kaga's emotional response to the investigation. This poignant fair-play whodunit is sure to thrill fans of golden age detective fiction.’***

***—Publishers Weekly***

### About the book:

**From Japanese crime writer Keigo Higashino, who has sold over a million copies in Japan, the fourth and final instalment in the Detective Kaga series.**

A decade ago, Tokyo Police Detective Kyoichiro Kaga went to collect the ashes of his recently deceased mother. Years before, she ran away from her husband and son without explanation or any further contact, only to die alone in an apartment far away, leaving her estranged son with many unanswered questions.

Now in Tokyo, Michiko Oshitani is found dead many miles from home. Strangled to death, left in the bare apartment rented under a false name by a man who has disappeared without a trace. Oshitani lived far away in Sendai, with no known connection to Tokyo - and neither her family nor friends have any idea why she would have gone there.

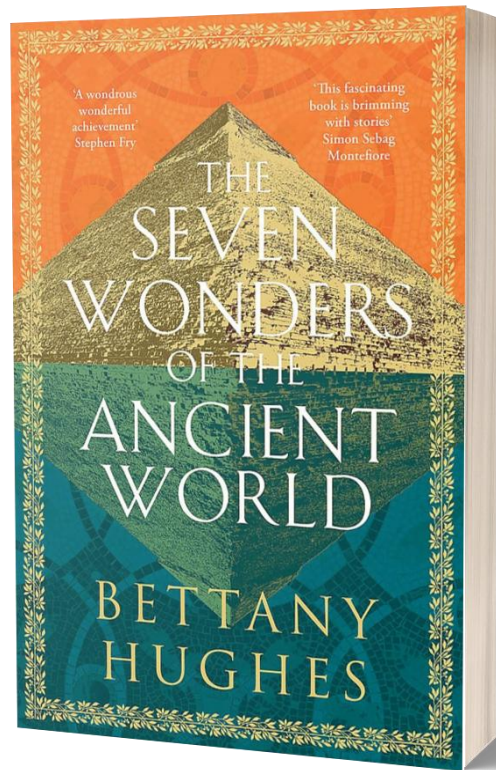
Hers is the second strangulation death in that approximate area of Tokyo - the other was a homeless man, killed and his body burned in a tent by the river. As the police search through Oshitani's past for any clue that might shed some light, one of the detectives reaches out to Detective Kaga for advice. As the case unfolds, an unexpected connective emerges between the murder (or murders) now and the long-ago case of Detective Kaga's missing mother.

### About the author:

**Keigo Higashino** is the single bestselling, best-known novelist in Japan and around Asia, with numerous television and film adaptations of his work appearing in several languages. He's the author of *The Devotion of Suspect X* (now a major motion picture on Netflix, *Jaane Jaan*), which was the finalist for the *Edgar Award* for best novel, and *Malice*, among many others. He lives in Tokyo, Japan.

## Press Release

# **THE SEVEN WONDERS OF THE ANCIENT WORLD**



**By Bettany Hughes**

February, 2024 | Rs. 899

HISTORY

*'A wondrous wonderful achievement' –Stephen Fry*

*'Fascinating' –Observer*

*'Thrilling' –Guardian*

**FROM THE SUNDAY TIMES BESTSELLING AUTHOR BETTANY HUGHES.**

### About the book:

Their names still echo down the ages: The Great Pyramid at Giza. The Hanging Gardens of Babylon. The Temple of Artemis. The statue of Zeus at Olympia. The mausoleum of Halikarnassos. The Colossus at Rhodes. The Lighthouse of Alexandria. The Seven Wonders of the World were staggeringly audacious impositions on our planet. They were also brilliant adventures of the mind, test cases for the reaches of human imagination. Now only the great pyramid remains fully standing, yet the scale and majesty of these seven wonders still enthrall us today.

In a thrilling, colourful narrative enriched with the latest archaeological discoveries, bestselling historian Bettany Hughes walks through the landscapes of both ancient and modern time. This is a journey whose purpose is to ask why we wonder, why we create, why we choose to remember the wonder of others. She explores traces of the Wonders themselves, and the traces they have left in history. A magisterial work of historical storytelling, *The Seven Wonders of the Ancient World* reinforces the exciting and nourishing notion that humans can make the impossible happen.

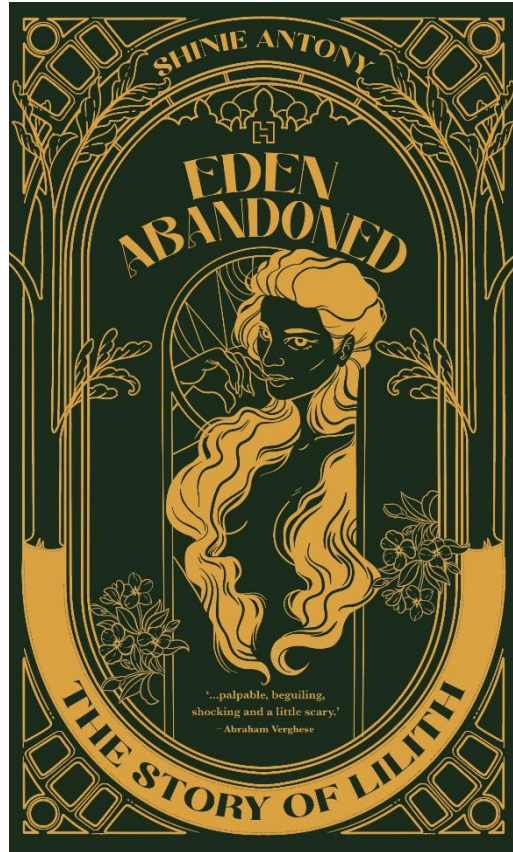
### About the author:

**Bettany Hughes** is an award-winning historian, author and broadcaster. Her previous books include *Venus and Aphrodite: History of a Goddess* (shortlisted for the Runciman Award), *Istanbul: A Tale of Three Cities* (a Sunday Times bestseller and shortlisted for the Runciman Award), *The Hemlock Cup: Socrates, Athens And The Search For The Good Life* (a New York Times bestseller and shortlisted for the Writers Guild award) and *Helen Of Troy: Goddess, Princess, Whore, and*. All her books have been translated into multiple languages. She has made many documentaries for the BBC, Channel 4, PBS, National Geographic, ABC and the Discovery and History channels. Bettany has been a Professor at the New College of Humanities and Research Fellow at King's College London. She has been honoured with numerous awards including the Medicott Medal for services to history, Europe's Cultural Heritage Prize and an OBE for services to History.

Press Release

**EDEN ABANDONED**

**The Story of Lilith**



**By Shinie Antony**

February, 2024 | Rs. 499  
GENERAL & LITERARY FICTION

***An unforgettable and fierce recharacterization of the world's first woman, wife, and divorcée.***

### About the book:

**‘Women are born in survival mode. Their job, they are told, is to love. But what is this love they neither know nor see – this illiquid, no-return-on-investment, invisible land they must buy with all their soul money?’**

Lilith. Wild, untameable Lilith. She is the love of Adam’s life – the only woman for the only man on Earth. Until Adam replaces her with Eve. Biddable, meek, subservient Eve. ‘Lilith is demanding, short-tempered and unnatural in her sexual desires,’ Adam complains to God. Cast out of Eden, Lilith roams the Earth, masters the dark arts and fights the system: dissent is delicious. She is now the Lilith – night monster, seductress of demons. And child-killer. Lilith, from whom the word lullaby comes – ‘Lilith, begone,’ sing mothers to protect their sleeping babies. Lilith, the irresistible temptress. Eden’s controversial once-occupant goes on a rampage to discover all that she is and all that she could be. Beyond Adam. Beyond Eden. Beyond God.

In this gripping take on female rage and agency, Shinie Antony sculpts a ferocious woman born from the ashes of her former self. Exuberant, unapologetic and unrestrained, Lilith shines, soars and persists – a historic villainess and a modern-day heroine.

***‘There are as many characterizations of the mythical/historical Lilith as there are religions. But for me Lilith comes alive for the first time in Eden Abandoned. In Shinie Antony’s capable hands, Adam’s putative first wife is palpable, beguiling, shocking and a little scary. A great read.’ – Abraham Verghese***

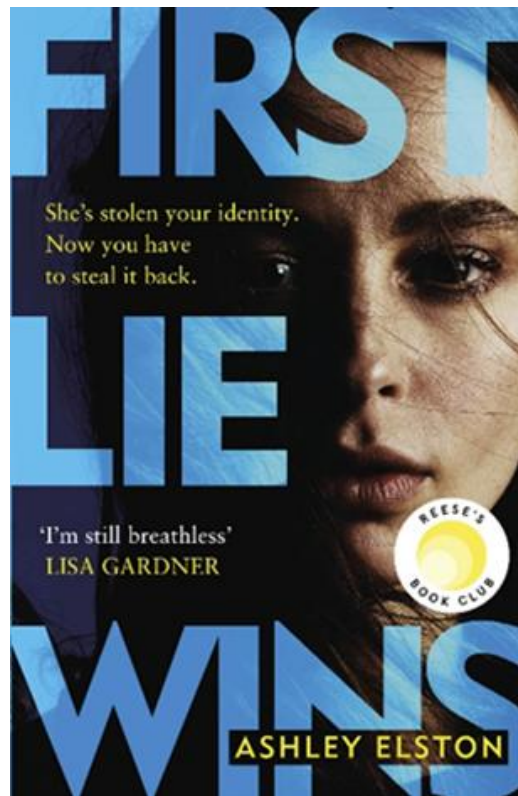
### About the author:

**Shinie Antony** is a writer and editor based in Bengaluru. Her books include *Can’t, The Girl Who Couldn’t Love* and *Barefoot and Pregnant*. She has compiled the anthologies *Boo*, *Why We Don’t Talk* and *An Unsuitable Woman*. Shinie is the co-founder of the Bangalore Literature Festival and director of the Bengaluru Poetry Festival. Her story ‘A Dog’s Death’ won the Commonwealth Short Story Asia prize in 2002.



## Press Release

### **FIRST LIE WINS**



**By Ashley Elston**

February, 2024 | Rs. 699  
THRILLER, CRIME & MYSTERY

***You'll have your heart in your mouth with this stylish cat-and-mouse thriller that will keep you guessing till the last page. A Reese's Book Club Pick!***

***'This fast-paced read has everything you could want in a thriller: secret identities, a mysterious boss and a cat & mouse game that kept me guessing the whole way through.'***

**—Reese Witherspoon**

## About the book:

**She's stolen your identity.  
Now you have to steal it back.**

Evie Porter has everything a nice, Southern girl could want: a perfect, doting boyfriend, a house with a white picket fence and a garden, a fancy group of friends. The only catch: Evie Porter doesn't exist.

The identity comes first: Evie Porter. Once she's given a name and location by her mysterious boss Mr. Smith, she learns everything there is to know about the town and the people in it. Then the mark: Ryan Sumner. The last piece of the puzzle is the job.

Evie isn't privy to Mr. Smith's real identity, but she knows this job will be different. Ryan has gotten under her skin, and she's starting to envision a different sort of life for herself. But Evie can't make any mistakes--especially after what happened last time.

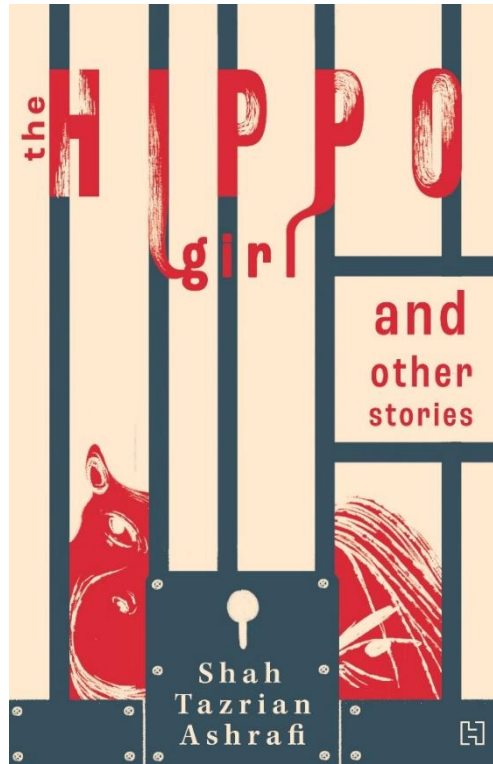
## About the author:

**Ashley Elston** is the author of several novels, including *THE RULES FOR DISAPPEARING* (a finalist in the Best Young Adult Novel category of the *International Thriller Awards*) and *10 BLIND DATES*. Her work has been translated into 23 languages. Ashley lives in Louisiana with her husband and three sons. *FIRST LIE WINS* is her debut adult thriller.



## Press Release

# **THE HIPPO GIRL AND OTHER STORIES**



**By Shah Tazrian Ashrafi**

February, 2024 | Rs. 399

SHORT STORIES

*“Why must love bloom after all is lost?” wonders one of Shah Tazrian Ashrafi’s more fortunate characters, an elderly man whose personal tragedies are rooted in colonial wealth. The Hippo Girl and Other Stories introduces a writer of protean compassion, whose finely etched portraits of lives scarred by violence, injustice, disappointment, and chagrin, will lodge like splinters in your heart.’*

**—Naomi Foyle, author of Stained Light**

### About the book:

**For fans of Petina Gappah's *An Elegy for Easterly* and Jamil Jan Kochai's *The Haunting of Hajji Hotak* comes an illuminating collection about lives in flux...**

An outcast girl's friendship with a bloat of hippos is questioned when it's found that she is pregnant. A half-blind boy is ridiculed and bullied relentlessly, until one day it reaches a breaking point. A disturbed man, haunted by visions of the dead, is convinced he must relocate his mother's grave. A woman takes up a lucrative job in a greedy corporation to fulfil her daughter's dreams, but a ghastly discovery threatens to disrupt the life they've built. A dog's loyalty is tested as a civil war brings out the worst in those around her.

Written in lucid prose and engulfed in intense emotions, *The Hippo Girl and Other Stories* is a searingly honest collection about what it is to be human in a world where rage, violence, grief, and obsession are part of everyday life. Set in Bangladesh, each of these atmospheric stories digs deep and paints a complex and rich picture of people's journey towards happiness.

### About the author:

***Shah Tazrian Ashrafi*** is a writer from Dhaka, Bangladesh. An International Relations major, he is currently working on his first novel.

Press Release

**SHAKCHUNNI**



**By Arnab Ray**

February, 2024 | Rs. 499

THRILLER, CRIME & MYSTERY

***This amabassya, the Shakchunni has come home to feast  
on what she truly craves – souls.***

***From the author of Sultan of Delhi, now a drama series on  
Disney + Hotstar, comes a nail-biting thriller.***

### About the book:

***Shakchunni: a demon from Bengali lore, one who possesses married women.***

The Great Famine scours Bengal. The once verdant countryside is now a mass morgue. Yet none of that pain seems to touch the Banerjees, the lords of Shyamlapur. They rule their fiefdom with an iron fist and great pomp and pageantry.

There is the Raibahadur, his wife, and his two young sons – Narayanpratap, the slender poet- intellectual, and Rudrapratap, boisterous and handsome. When Narayanpratap comes back from London, abandoning his education as a barrister and having been heartbroken by an Englishwoman, Raibahadur and his wife marry him off to a poor girl from a distant village, the ethereally beautiful Soudamini.

But on the day of the wedding ceremony, just before a tantrik dies, he sounds an ominous warning.

*'The Shakchunni dances tonight. You shall all fall dead like flies.'*

**Soon it starts.**

**Soon it starts. The terror.**

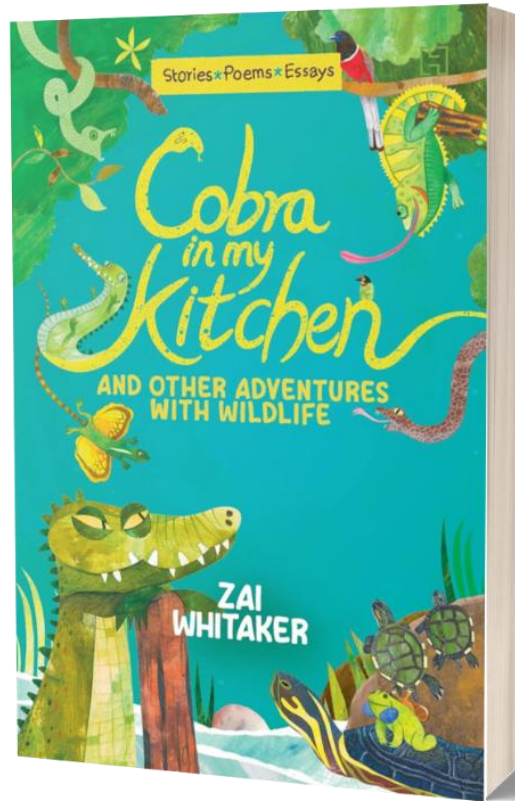
**And a haunting of dark secrets that refuse to stay buried in the past.**

### About the author:

**Arnab Ray**, also known as Greatbong (<http://greatbong.net>) is one of Indias most widely read bloggers, having won the publicly voted Indibloggies Blog of the Year in 2006 and 2008. He has written for the Washington Post, Outlook and India Times. He graduated from Jadavpur University as a Bachelor in Computer Science and Engineering and went on to finish his PhD in Computer Science from State University of New York at Stony Brook. He is presently employed as a research scientist and resides in the suburbs of Washington DC.

## Press Release

# **COBRA IN MY KITCHEN**



**By Zai Whitaker**

February, 2024 | Rs. 399

ANTHOLOGY

***ROAR! HISS! SQUEAK! NYUK-NYUK!***

***Wildlife sure sounds fun, doesn't it?***

## About The Book:

Explore the wild with Zai Whitaker, an eager adventurer raised among India's pioneering conservation heroes! Together with Romulus Whitaker, the 'Snake Man of India', Zai developed the Madras Crocodile Bank, to research and conserve crocodiles and other 'herps'.

From living with cobras as to hatching sea turtles and from watching birds to stalking termites, Zai has a long and thrilling trail of escapades. Her stories, poems and real-life accounts take you from Chennai to the Western Ghats, from the Andaman and Nicobar Islands to Papua New Guinea, and beyond into her wildly wonderful imagination!

Beautifully illustrated, *Cobra in my Kitchen and Other Adventures with Wildlife* introduces you to the fascinating side of wriggly snakes, jumpy frogs, lively lizards, colourful chameleons and even a tiger or two, along with many more unmissable adventures!

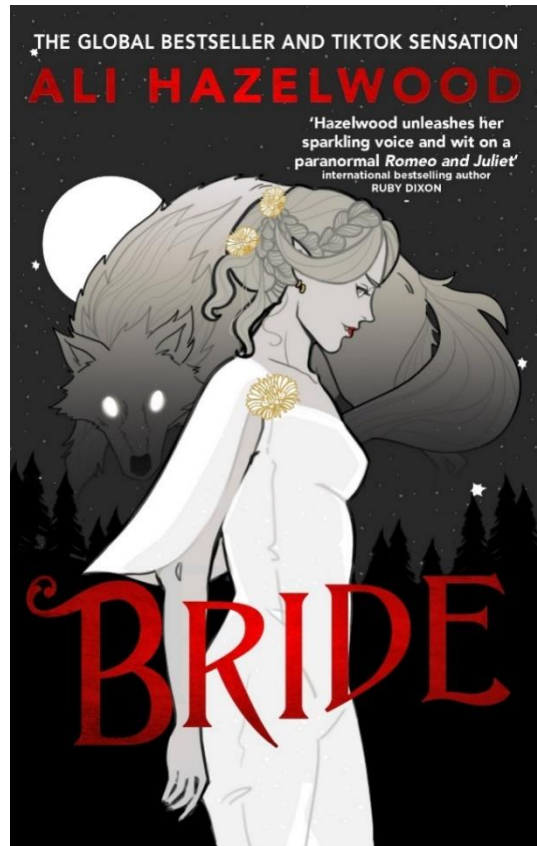
***Hop on to this sensational safari of discoveries for children and the whole family!***

## About The Author:

**Zai Whitaker** grew up in Mumbai, Maharashtra, in a family of naturalists, which was the beginning of her interest in wildlife and conservation. After college, she moved to Chennai, Tamil Nadu, and worked at the Madras Snake Park and later helped start the Madras Crocodile Bank in Mamallapuram, and the Irula Tribe Women's Welfare Society, Chengalpattu. She taught in Kodaikanal for 18 years and was principal of two schools. She has written 20 books, most of them for young people, on environmental issues.

## Press Release

# **BRIDE**



**By Ali Hazelwood**

February, 2024 | Rs. 599

**ROMANCE**

***‘Bride is a delight! Passionate and witty and primal in its intensity, Ali Hazelwood's paranormal debut introduces a world as intriguing as its characters. I absolutely adored this read.’ —Nalini Singh, author of the Psy-Changeling Trinity series***

***‘Ali Hazelwood finally gives us paranormal, with her trademark humour, twisty plot, and spice that doesn't quit - buckle up.’ —Hannah Whitten, author of The Foxglove King***

***‘It's official. There's nothing Ali Hazelwood can't do brilliantly when it comes to writing. LOVED it.’ —Jodi Picoult, author of Mad Honey***



## About the book:

*A dangerous alliance between a Vampyre bride and an Alpha werewolf becomes a love deep enough to sink your teeth into in this new paranormal romance from the New York Times bestselling author of The Love Hypothesis.*

Misery Lark, the only daughter of the most powerful Vampyre councilman of the Southwest, is an outcast - again. Her days of living in anonymity among the Humans are over: she has been called upon to uphold an historic peacekeeping alliance between the Vampyres and their mortal enemies, the Weres, and sees little choice but to surrender herself in the exchange - again . . .

Weres are ruthless and unpredictable, and their Alpha, Lowe Moreland, is no exception. He rules his pack with absolute authority, but not without justice. And, unlike the Vampyre Council, not without feeling. It's clear from the way he tracks Misery's every movement that he doesn't trust her. If only he knew how right he was . . .

Because Misery has her own reasons to agree to this marriage of convenience, reasons that have nothing to do with politics or alliances, and everything to do with the only thing she's ever cared about. And she is willing to do whatever it takes to get back what's hers, even if it means a life alone in Were territory . . . alone with the wolf.

## About the author:

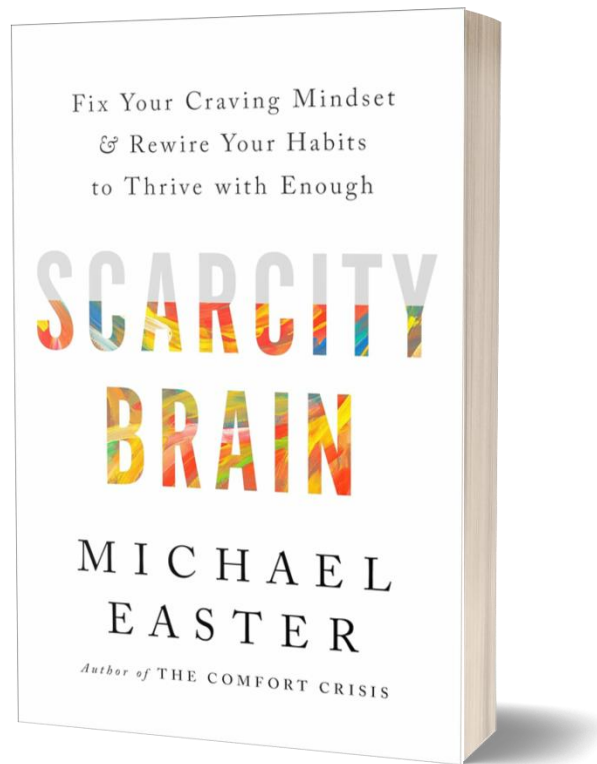
**Ali Hazelwood** is the New York Times and Sunday Times bestselling author of The Love Hypothesis, Love on the Brain and Love Theoretically as well as a writer of peer-reviewed articles about brain science, in which no one makes out and the ever after is not always happy. Originally from Italy, she lived in Germany and Japan before moving to the US to pursue a PhD in neuroscience. She recently became a professor, which absolutely terrifies her. When Ali is not at work, she can be found running, eating cake pops, or watching sci-fi movies with her two feline overlords (and her slightly-less-feline husband).



Press Release

## **SCARCITY BRAIN**

**FIX YOUR CRAVING MINDSET AND REWIRE YOUR  
HABITS TO THRIVE WITH ENOUGH**



**By Michael Easter**

February, 2024 | Rs. 699

POPULAR SCIENCE

***“Reveals the biological and evolutionary foundations behind your brain’s fixations, so you can stop seeking and start living.”—Melissa Urban, Whole30 CEO and author of The Book of Boundaries***

## About The Book:

**NEW YORK TIMES BESTSELLER • The author of *The Comfort Crisis* asks: Are we hardwired to crave more? From food and stuff to information and influence, why can't we ever get enough?**

Michael Easter, author of *The Comfort Crisis* and one of the world's leading experts on behaviour change, shows that the problem isn't you. The problem is your scarcity mindset, left over from our ancient ancestors. They had to constantly seek and consume to survive because vital survival tools like food, material goods, information, and power were scarce and hard to find. But with our modern ability to easily fulfil our ancient desire for more, our hardwired "scarcity brain" is now backfiring. And new technology and institutions—from dating and entertainment apps to our food and economic systems—are exploiting our scarcity brain. They're bombarding us with subversive "scarcity cues," subtle triggers that lead us into low-reward cravings that hurt us in the long run. Scarcity cues can be direct and all-encompassing, like a sagging economy. Or they can be subtle and slight, like our neighbour buying a shiny new car.

Easter travelled the world to consult with remarkable innovators and leading scientists who are finding surprising solutions for our scarcity brain. He discovered simple tactics that can move us towards an abundance mindset, cement healthy habits, and allow us to live our lives to the fullest and appreciate what we have, including how to:

- Detect hidden scarcity cues to stop cravings before they start, from a brilliant slot machine designer in a Las Vegas casino laboratory
- Turn alone time into the ultimate happiness hack, from artisanal coffee-making Benedictine monks
- Reignite your exploration gene for a more exciting and fulfilling life, from an astronaut onboard the International Space Station
- Reframe how we think about and fix addiction and *bad* habits, from Iraq's chief psychiatrist
- Recognize when you have enough, from a woman who left a million-dollar career path to adventure the world

Our world is overloaded with everything we're built to crave. The fix for scarcity

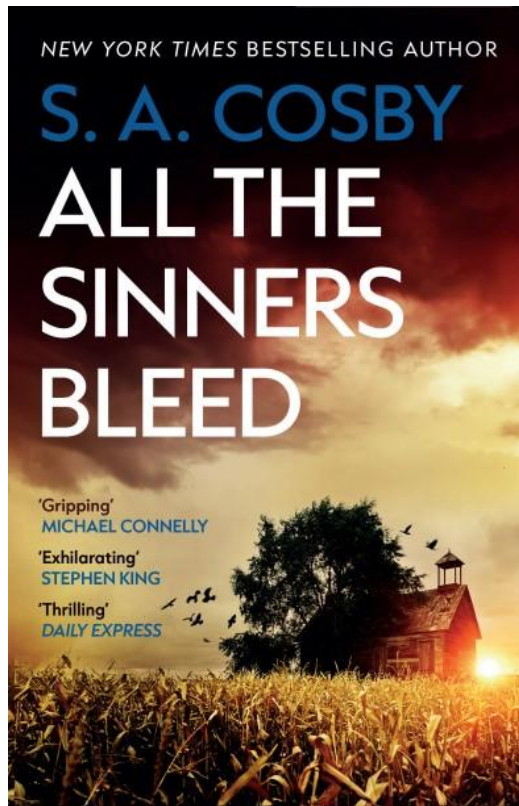
brain isn't to blindly aim for less. It's to understand why we crave more in the first place, shake our worst habits, and use what we already have better. Then we can experience life in a new way—a more satisfying way.

### **About The Author:**

***Michael Easter*** is the author of *The Comfort Crisis* and *Scarcity Brain*. He writes the *2% Newsletter*, on all aspects of health and wellness. He lives in Las Vegas on the edge of the desert with his wife and their two dogs.

Press Release

## **ALL THE SINNERS BLEED**



**By S. A. Cosby**

February, 2024 | Rs. 599

THRILLER, CRIME & MYSTERY

***Picked by Barack Obama as one of his favourite books of 2023!***

**\*\*\* INSTANT NEW YORK TIMES BESTSELLER \*\*\* THE TIMES -  
THRILLER OF THE MONTH \*\*\***

**\*\*\* GUARDIAN BEST CRIME AND THRILLERS OF 2023 \*\*\***

**\*\*\* FINANCIAL TIMES - BEST NEW CRIME BOOKS \*\*\***

***'A crackling good police procedural...fresh and exhilarating.'***

***—Stephen King***

## About the book:

### ***A BLACK SHERIFF. A SERIAL KILLER. AND A SMALL TOWN READY TO COMBUST.***

Titus Crown is the first Black sheriff in the history of Charon County, Virginia. In recent decades, Charon has had only two murders. After years of working as an FBI agent, no one knows better than Titus that while his hometown might seem like a land of moonshine, cornbread, and honeysuckle, secrets always fester under the surface.

But a year to the day after Titus's election, a schoolteacher is killed by a former student. The student is then fatally shot by Titus's deputies.

As Titus investigates the shootings, he unearths terrible crimes, and a serial killer who has been hiding in plain sight, haunting the dirt lanes and woodland clearings of Charon. With the killer's possible connections to a local church and the town's harrowing history weighing on him, Titus tries to project confidence about closing the case while concealing a painful secret from his own past. At the same time, he also has to contend with a far-right group that wants to hold a parade in celebration of the town's Confederate history.

Charon is Titus's home and his heart. But where faith and violence meet, there will be a reckoning.

## About the author:

**S. A. Cosby** is an *Anthony Award*-winning writer from Southeastern Virginia. He is the author of the *New York Times* bestseller *Razorblade Tears* and *Blacktop Wasteland*, which won the *Los Angeles Times* Book Prize, was a *New York Times* Notable Book, and was named a best book of the year by *NPR*, *The Guardian*, and *Library Journal*, among others.

Press Release

**THE BURN BOOK**  
**A TECH LOVE STORY**



**By Kara Swisher**

February, 2024 | Rs. 799

BUSINESS, MANAGEMENT & ECONOMICS

***‘Swisher, the bad-ass journalist, and OG chronicler of Silicon Valley...takes no prisoners in this highly readable look at the evolution of the digital world...Bawdy, brash, and compulsively thought-provoking, just like its author, Burn Book sizzles’  
(Booklist, starred review).***

## About The Book:

*From award-winning journalist Kara Swisher comes a witty, scathing, but fair accounting of the tech industry and its founders who wanted to change the world but broke it instead.*

Part memoir, part history, *Burn Book* is a necessary chronicle of tech's most powerful players. From "the queen of all media" (Walt Mossberg, *Wall Street Journal*), this is the inside story we've all been waiting for about modern Silicon Valley and the biggest boom in wealth creation in the history of the world.

When tech titans crowed that they would "move fast and break things," Kara Swisher was moving faster and breaking news. While covering the explosion of the digital sector in the early 1990s, she developed a long track record of digging up and reporting the facts about this new world order. Her consistent scoops drove one CEO to accuse her of "listening in the heating ducts" and prompted Facebook's Sheryl Sandberg to once observe: "It is a constant joke in the Valley when people write memos for them to say, 'I hope Kara never sees this.'"

While still in college, Swisher got her start at *The Washington Post*, where she became one of the few people in journalism interested in covering the nascent Internet. She went on to work for *The Wall Street Journal*, joining with Walt Mossberg to start the groundbreaking D: All Things Digital conference, as well as pioneering tech news sites.

Swisher has interviewed everyone who matters in tech over three decades, right when they presided over an explosion of world-changing innovation that has both helped and hurt our world. Steve Jobs, Jeff Bezos, Elon Musk, Bill Gates, Sheryl Sandberg, Bob Iger, Larry Page and Sergey Brin, Meg Whitman, Peter Thiel, Sam Altman, and Mark Zuckerberg are just a few whom Swisher made sweat—figuratively and, in Zuckerberg's case, literally.

Despite the damage she chronicles, Swisher remains optimistic about tech's potential to help solve problems and not just create them. She calls upon the industry to make better, more thoughtful choices, even as a new set of powerful AI tools are poised to change the world yet again. At its heart, this book is a love story to, for, and about tech from someone who knows it better than anyone.

## About The Author:

***Kara Swisher*** is the host of the podcast On with Kara Swisher and the cohost of the Pivot podcast with Scott Galloway, both distributed by New York magazine.

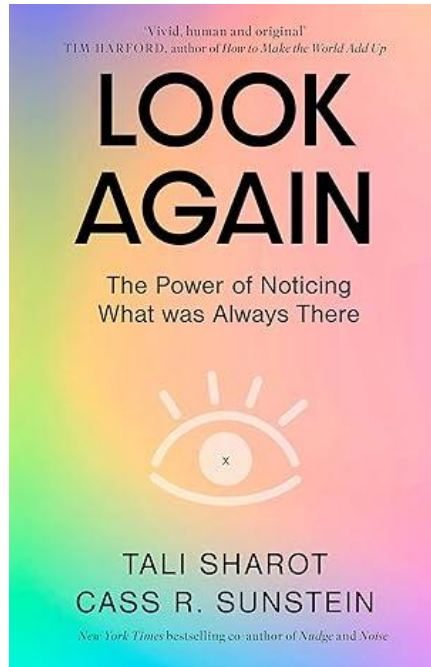
She was also the cofounder and editor-at-large of Recode, host of the Recode Decode podcast, and co-executive producer of the Code conference. She was a former contributing opinion writer for The New York Times and host of its Sway podcast and has also worked for The Wall Street Journal and The Washington Post. This is her third book.



Press Release

LOOK AGAIN

THE POWER OF NOTICING WHAT WAS ALWAYS  
THERE



**By Tali Sharot**

February, 2024 | Rs. 699

PSYCHOLOGY

***‘One trait of history's most creative thinkers—from Leonardo da Vinci to Albert Einstein—is that they are able to look anew and marvel at everyday things that most people have quit noticing: the alluring blueness of the sky, the passage of time, the way a light beam creates a spot of luster on a leaf. Look Again can help us all look in a fresh way at things around us. It's a smart and fun read, and a valuable way to revitalize your life.’***

**—Walter Isaacson, New York Times bestselling author of Steve Jobs**

### About the book:

For fans of *Thinking, Fast and Slow* and *The Power of Habit*, a groundbreaking new study of how disrupting our well-worn routines, both good and bad, can rejuvenate our days and reset our brains to allow us to live happier and more fulfilling lives.

Have you ever noticed that what is thrilling on Monday tends to become boring on Friday? Even exciting relationships, stimulating jobs, and breathtaking works of art lose their sparkle after a while. People stop noticing what is most wonderful in their own lives. They also stop noticing what is terrible. They get used to dirty air. They stay in abusive relationships. People grow to accept authoritarianism and take foolish risks. They become unconcerned by their own misconduct, blind to inequality, and are more liable to believe misinformation than ever before.

But what if we could find a way to see everything anew? What if you could regain sensitivity, not only to the great things in your life, but also to the terrible things you stopped noticing and so don't try to change?

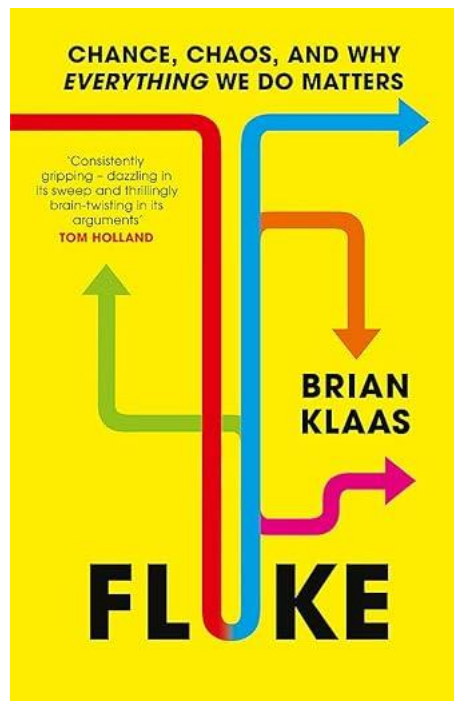
### About the author:

**Tali Sharot** is a Professor of Cognitive Neuroscience with degrees in economics and psychology. She is the founder and director of the Affective Brain Lab at University College London. Her papers on decision-making, emotion, and influence have been published in *Nature*, *Science*, *Nature Neuroscience*, *Psychological Science*, and many others. She has been featured in numerous outlets and written for *The New York Times*, *Time* magazine, *The Washington Post*, *CNN*, the *BBC* and more. Before becoming a neuroscientist Sharot worked in the financial industry for a few years and completed her national mandatory service in the Israeli air force. She is the author of *The Optimism Bias* and of *The Influential Mind*. She lives in Boston and London with her husband and children.

Press Release

## **FLUKE**

# **CHANCE, CHAOS, AND WHY EVERYTHING WE DO MATTERS**



**By Brian Klaas**

January, 2024 | Rs. 699

POPULAR SCIENCE

***'Its core premise is that the world is a lot more uncertain than we like to believe it is - and if we want to have healthy, happy lives, we should probably stop pretending we can eliminate randomness . . . It's uplifting to acknowledge the interconnected, contingent nature of our world . . . There's something empowering about feeling every moment of your life could change the world.'***

**—New Statesman**

## About the book:

*A provocative new vision of how our world really works - and why chance determines everything.*

In *Fluke*, myth-shattering social scientist Brian Klaas deep-dives into the phenomenon of randomness, unpicking our neat and tidy storybook version of events to reveal a reality far wilder and more fascinating than we have dared to consider. The bewildering truth is that but for a few incidental changes, our lives - and our societies - would be radically different.

Offering an entirely new perspective, *Fluke* explores how our world really works, driven by strange interactions and random events. How much difference does our decision to hit the snooze button make? Did one couple's vacation really change the course of the twentieth century? What are the smallest accidents that have tilted the course of history itself?

The mind-bending lessons of this phenomenon challenge our beliefs about the very workings of the world. From the evolution of human biology and natural disasters to the impact of global events on supply chain disruptions, every detail matters because of the web of connectivity that envelops us. So what if, by exploding our illusion of control, we can make better decisions and live happy, fulfilling lives?

## About the author:

**Brian Klaas** grew up in Minnesota, earned his DPhil at Oxford, and is now a professor of global politics at University College London. He is a contributing writer for *The Atlantic*, host of the award-winning *Power Corrupts* podcast, and frequent guest on national television. Klaas has conducted field research across the globe and advised major politicians and organizations including NATO and the European Union.

Press Release

**THE MINE**



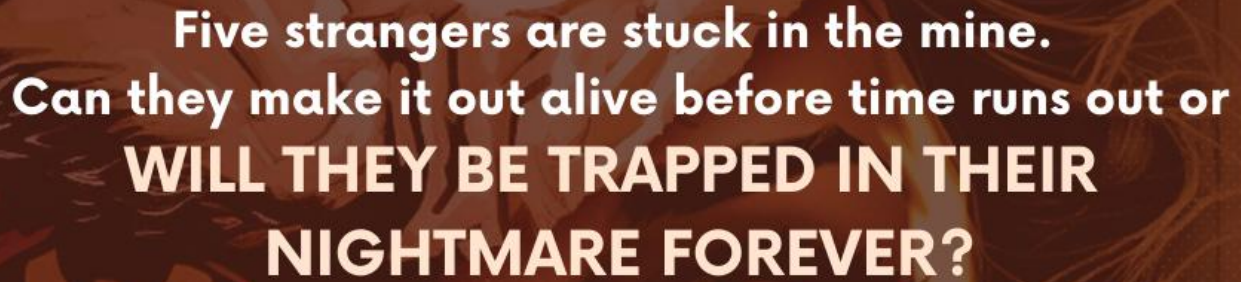
**By Arnab Ray**

February, 2024 | Rs. 499  
HORROR

***Bloody, claustrophobic, and gripping from the first page to the last, The Mine has all of the pulpy feel of films like The Descent and The Hills Have Eyes with gruesome details layered at every turn. Clever plot twists keep the story chugging along through the individualized hellscape of the mine that will leave the reader feeling just as paranoid as the characters trapped underground.***

***– James S. Murray, Tor.com***

## About The Book:



**Five strangers are stuck in the mine.  
Can they make it out alive before time runs out or  
WILL THEY BE TRAPPED IN THEIR  
NIGHTMARE FOREVER?**

At a secret mining facility somewhere in the deserts of Rajasthan, an ancient place of worship, with disturbing carvings on its dome, is discovered buried deep inside the earth. Soon the miners find themselves in the grip of terrifying waking nightmares. One tries to mutilate himself. Worse follows.

Five experts are called in to investigate these strange occurrences. Sucked into a nightmare deep underground, they embark on a perilous journey; a journey that will change them forever, bringing them face-to-face with the most shattering truth of them all...

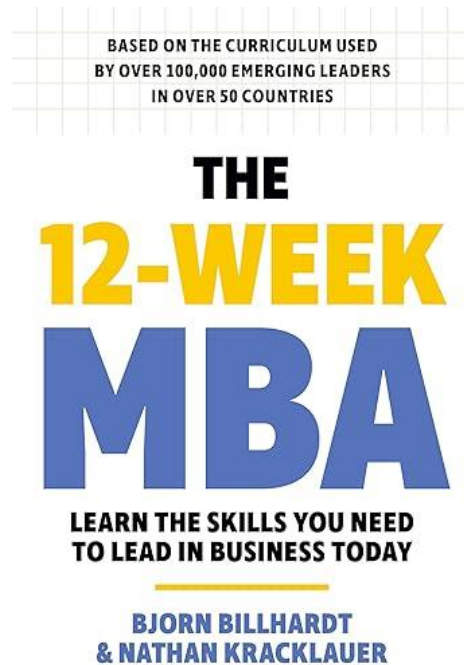
## About The Author:

**Arnab Ray**, better known as Greatbong, is one of India's most widely read bloggers (<http://greatbong.net>). He is also the author of seven books. Two of his books have been made into web series on major OTT platforms: *Sultan of Delhi* in Hindi on Disney+ Hotstar and *Mahabharata Murders* in Bengali on Hoichoi. A PhD in Computer Science from State University of New York at Stony Brook, and an alumnus of Jadavpur University, Kolkata, he is currently based in Los Angeles. Arnab Ray has a running column in the *Times of India* and can be found on X (formerly Twitter) at @greatbong.

Press Release

## **THE 12-WEEK MBA**

**LEARN THE SKILLS YOU NEED TO LEAD IN  
BUSINESS TODAY**



**By Bjorn Billhardt & Nathan Kracklauer**

February, 2024 | Rs. 699

BUSINESS, MANAGEMENT & ECONOMICS

***‘An invaluable guide, providing the essential business acumen needed to confidently navigate the corporate world.’***

**— Roberta Pomponio, Customer Success Manager, GoGuardian**

***‘An essential guide to practical business leadership that covers both the 'numbers' and the 'people' side of running a business.’***

**— Alex Davern, former CEO, National Instruments**





## About the book:

Based on *The 12-Week MBA* by Abilitie, a business leadership program taught to professionals at global Fortune 500 companies, *The 12-Week MBA* offers practical tips for managers and aspiring business leaders.

A business school MBA takes time and money. Yet with a laser focus on what matters most, there is an alternative way for aspiring business leaders to learn business essentials and to take charge in organizations.

*The 12-Week MBA* offers a practical Mini MBA curriculum that gives all business leaders, regardless of their industry, function, or level, the core knowledge, skills and attitudes to effectively manage and lead. By uniquely focusing the two critical areas of leadership - managing numbers and leading people - this practical and engaging guide will inspire you to apply critical business thinking and a dynamic approach to value creation, people skills and decision making.

Transform your business and your career in 12 weeks, a pace that gives you time to absorb ideas and test them through exercises or simulations, yet is significantly less time and cost than a traditional two-year MBA.

Authors Bjorn Billhardt and Nathan Kracklauer are leaders of *Abilitie*, a global leadership development provider that has served over 100,000 learners in fifty countries, and whose clients include some of the world's most recognizable brands. Now you can master the key lessons from their 12-Week MBA curriculum and get ahead in today's new world of work.

## About the author:

**Bjorn Billhardt** is CEO of *Abilitie*. Prior to launching *Abilitie* in 2015, Bjorn founded and bootstrapped *Enspire Learning, Inc.*, an e-learning development company. Bjorn also worked as a corporate trainer for *BAAN*, a Dutch software company, and *McKinsey & Company*, a strategic management consulting firm. Bjorn holds a BA from the University of Texas and an MBA from Harvard Business School. A native of Hamburg, Germany, he lives in Austin, Texas.

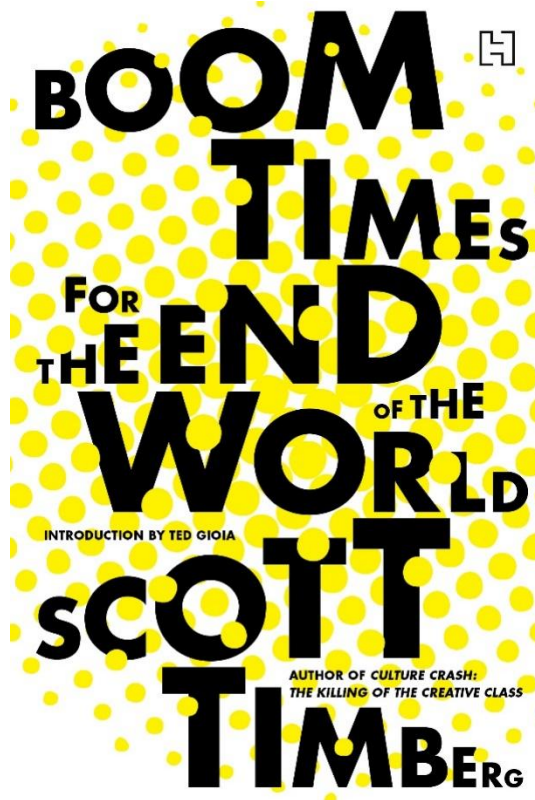
**Nathan Kracklauer** is Chief Research Officer at *Abilitie*. Previously at *Enspire*

*Learning*, he was the principal author on courses for organizations such as Harvard Business School and the World Bank. Nathan has facilitated leadership seminars at organizations such as Bank of America, GE, Nokia, and at executive education programs at IMD Business School, London Business School, and the MIT Sloan School of Management. Nathan lives in Karlsruhe, Germany and is a native of Falls Church, VA, having worked in several cities across the US, Germany, and Finland.

***Abilitie*** is a virtual leadership development company with a database of 10,000+ leaders. Their brands combined have over 2,000 LinkedIn and 1500 Instagram followers. Their *Learn To Lead* podcast has featured prominent e-learning industry luminaries such as Elliott Masie and Karl Kapp, director of Bloomberg's Institute for Interactive Technology, and authors Rita Gunther McGrath and Jonah Berger. They also host an ongoing webinar series and host free interactive Play Sessions, which provide additional platforms to promote the book.

## Press Release

# **BOOM TIMES FOR THE END OF THE WORLD**



**By Scott Timberg**

March, 2024 | Rs. 699

ESSAYS

***‘To read Scott Timberg’s newly published collection of essays, Boom Times for the End of the World, is to experience both a rush of cultural stimulation and an overwhelming sense of sadness. Timberg, who loved Los Angeles and culture journalism with an intense passion, was among the essential chroniclers of the city [...] Boom Times is both a celebration of a prodigious talent and a valediction for a lost soul.’***

***– Chris Vognar, Los Angeles Times***

### About the book:

An incisive look at theatre, movies and music through the lens of one of the most admired culture critics of recent times.

The late Scott Timberg championed artists earnestly and relentlessly, with empathy and persistence. An award-winning writer for the *Los Angeles Times* and many other publications, he was one of the first to sound the alarm on the escalating economic challenges that have faced creative workers in the twenty-first century. He ultimately became a victim of the “culture crash” he chronicled, but his own words form a valuable window onto the cultural shifts that have upended creative traditions and expectations.

Timberg had a knack, as Ted Gioia writes in his introduction, for “finding the best in the cultural scene on the dream coast.” Drawn from across his career, the passionate and wide-ranging reflections in this book span West Coast jazz and Gustavo Dudamel’s LA Philharmonic, the early films of Spike Jonze and Christopher Nolan, the comics of Los Bros Hernandez and Adrian Tomine, and many more musicians, writers, filmmakers, architects, and impresarios.

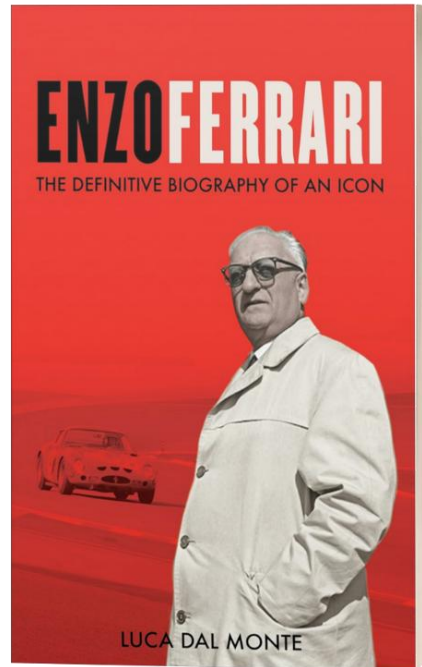
### About the author:

**Scott Timberg**, a former arts reporter for the *LA Weekly* and the *Los Angeles Times*, wrote on music and culture and was a contributor to *Salon*, the *New York Times*, and *Vox*. He was an award-winning journalist, a blogger on West Coast culture, and an adjunct writing professor. His previous book, *Culture Crash: The Killing of the Creative Class*, was published in 2015 by *Yale University Press*. Richard Brody of the *New Yorker* called *Culture Crash* “a quietly radical rethinking of the very nature of art in modern life,” and Ben Downing, writing in the *Wall Street Journal*, said, “Mr. Timberg succeeds in assembling a large, coherent, and troubling mosaic . . . weaving all manner of information and opinion into a fluent narrative of cultural decline.” Timberg died by his own hand on December 10, 2019, in Los Angeles. He was fifty years old.

Press Release

**ENZO FERRARI**  
**THE DEFINITIVE BIOGRAPHY OF AN ICON**

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**By Luca Dal Monte**

February, 2024 | Rs. 1,299

BIOGRAPHY & MEMOIR



## About The Book:

Soon to be an Apple TV series written by Steven Knight, this is a definitive account of how Enzo Ferrari became the master of motor racing, and one of the most complex, important and imposing figures in the 20th century.

The book draws upon years of original research, conducted in Italy and abroad, and unveils hidden aspects of Ferrari's career - from his early days as a racer, to how he founded the Ferrari company, and even his dealings with the Italian Fascist government and Communist leaders.

Learn how Ferrari pushed his drivers to the brink of disaster, revolutionised the automobile industry and overcame family and company infighting on his rise to greatness.

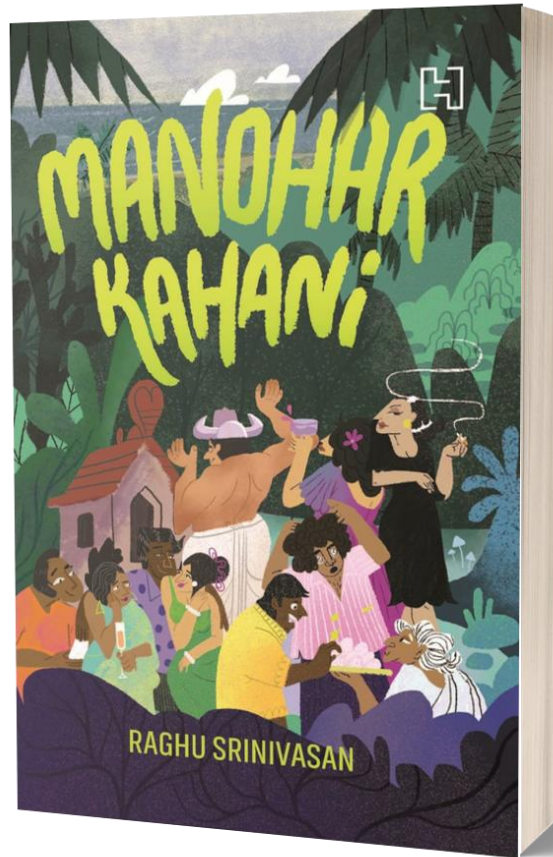
The life of the race car driver turned founder of the world's most recognisable car companies has also inspired a major motion film starring Adam Driver.

## About The Author:

**Luca Del Monte**, born in 1963 in Cremona, Italy, is an accomplished author and automotive industry veteran. After graduating with a degree in US history and political sciences, Luca served as the first Chief Press Officer for the Province of Cremona before launching his writing career. Beginning at Cremona's *La Provincia* newspaper, Luca's response to an ad by *Corriere della Sera* led to roles in Toyota, Pirelli, Ferrari, and Maserati. Starting at Toyota. His collaborative work with journalist Umberto Zapelloni led to his first book emerging in the early 2000s. This paved the way for more successes, including his debut fiction novel *La Scuderia* in 2009. Today, *Enzo: The Definitive Biography* stands as Luca's long-cherished project, offering a unique angle on Enzo Ferrari's legacy - a towering 20th-century figure.

## Press Release

# MANOHAR KAHANI



**By Raghu Srinivasan**

March, 2024 | Rs. 399

HUMOUR

### About The Book:

Life is perfectly peaceful for the Mehtas. Kalyani Mehta's homestay by the sea is a little garden of Eden where she, her retired occultist husband and feckless, unemployed son live happy, dysfunctional lives.

Enter snake.

Bobby Chander, a billionaire NRI, makes a bid for the property. Kalyani rebuffs his offer, but the sleazy real estate tycoon, refusing to back down, starts making life miserable for Kalyani. With her back to the wall, she reluctantly reaches out to her younger sister, who happens to be incarcerated, for help. Maya is a genie best left in the bottle. Her elaborate con attracts a host of devious characters, pursuing nefarious agendas of their own...

*Manohar Kahani* is a goofy misadventure with a heap of chaos and a pinch of crazy.

### About The Author:

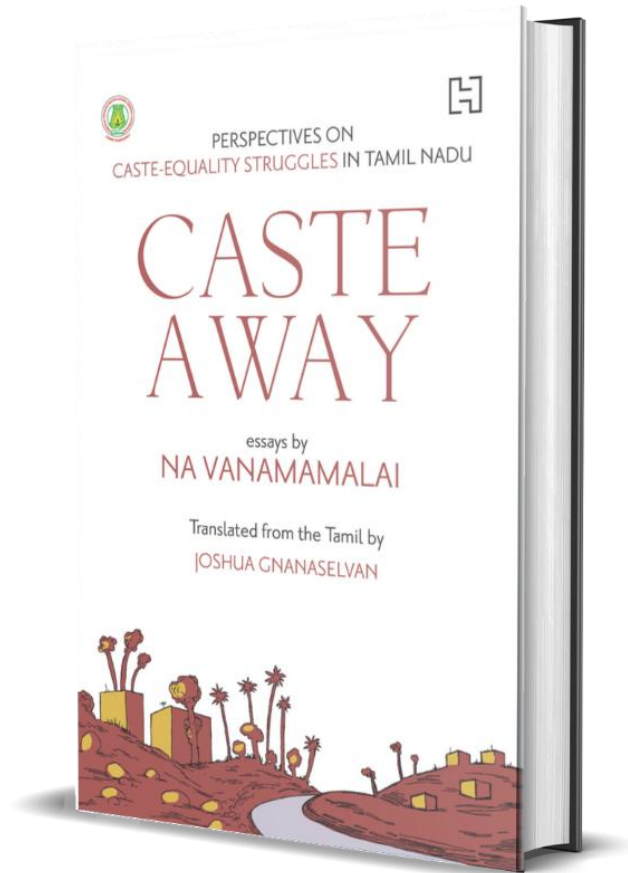
**Raghu Srinivasan** is a serving officer in the Indian Army. His tenures have seen him patrol leech-infested tropical jungles, stare across the expanse of the African savannah and spot snow leopards in the Karakoram ranges. He met his best friend Sumita, when he was a subaltern and she was just out of high school; they have now been married for thirty years. The couple have a twenty-one-year-old daughter, Vaishnavi, who thinks her father is the best storyteller in the world.

He is the author of two adventure thrillers – *The Avatari* (2014) and *Xianqui* (2020) – both published by Hachette India.



**Press Release**

**CASTE AWAY**  
**PERSPECTIVES ON CASTE-EQUALITY STRUGGLES**  
**IN TAMIL NADU**



**By Na. Vanamamalai; translated by Joshua  
Gnanaselvan**

March, 2024 | Rs. 545  
ESSAYS

## About The Book:

***A pithy and momentous collection of essays on caste–equality struggles in Tamil Nadu by scholar and social activist Na. Vanamamalai.***

Offering a meticulous exploration of Tamil Nadu's intricate caste dynamics, Na. Vanamamalai's pivotal work unveils the endeavours of lower–caste communities in challenging established hierarchies. It spans the Chola dynasty to the early part of the twentieth century. Through extensive research and insightful analysis, the renowned scholar elucidates how certain communities strategically appropriated the varna system, elevating their social status. Drawing on various source texts – historical documents, verses by socially committed ascetics, court judgments – the work demonstrates how the Chola kings tactically offered concessions to different caste clusters, thereby navigating a delicate balance between benefits and exploitation.

*Caste Away* compellingly argues that caste–based conflicts were fundamentally manifestations of class antagonisms and challenges conventional interpretations, showing how the pursuit of caste equality was aimed not at creating an egalitarian society but at elevating the social standing of specific castes.

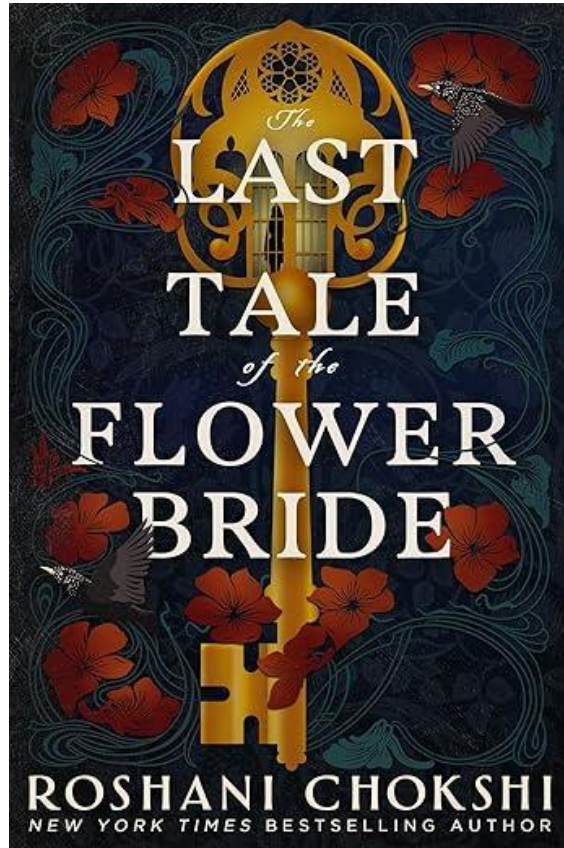
## About The Author:

***Na. Vanamamalai***, affectionately known as Prof. Na. Va, was born on 7 December 1917, in present–day Nanguneri, Tirunelveli district. An active member of the Communist Party of India, he began his career as a schoolteacher in 1942. With other notable figures, he established the Nellai Literary Society in 1947. In 1957, he began studies in folklore, drawing information from the fields of history, sociology, and anthropology. Additionally, he initiated a Tamil research journal titled *Aaraichi*. Despite not being actively involved in university teaching, his extensive contributions to the various research and literary domains earned him the title of Professor. He passed away on 2 February 1980, in Korba, present–day Chhattisgarh.

***Joshua Gnanaselvan*** actively translates plays, short stories, and academic prose from Tamil to English. He is a doctoral researcher at the Department of English and Comparative Literature at the Central University of Kerala, Kasaragod. He served as Assistant Professor of English at Christ (Deemed to be University), Bengaluru, from 2008 to 2015. He specializes in Dalit theatre, Dalit studies, culture studies, and Indian literature.

Press Release

## **THE LAST TALE OF THE FLOWER BRIDE**



**By Roshani Chokshi**

March, 2024 | Rs. 699

THRILLER, CRIME & MYSTERY

***‘A dazzling fairy tale for adults...Take a fairy tale, infuse it with a gothic flair, drizzle in some dark romance, and you get The Last Tale of the Flower Bride.’***

**—Time**

***‘Reading Chokshi's prose is like sinking deeply into the overstuffed arms of a plush, purple velvet sofa. Her lavish descriptions...wrap you in sumptuous sensory detail.’***

**—New York Times**

## About The Book

***Every fairy tale must come to an end.***

Once, a man who believed in fairy tales married a beautiful, mysterious woman named Indigo Maxwell-Casteñada. In exchange for her love, Indigo extracted a promise: that her bridegroom would never pry into her past.

But when the couple return to Indigo's childhood home, they find the shadow of another girl lurking in the manor's extravagant rooms: Indigo's beloved friend, who disappeared without a trace.

Faced with his wife's dark secrets, the bridegroom is unable to resist breaking his promise. Even if it threatens to destroy their marriage . . . or their lives.

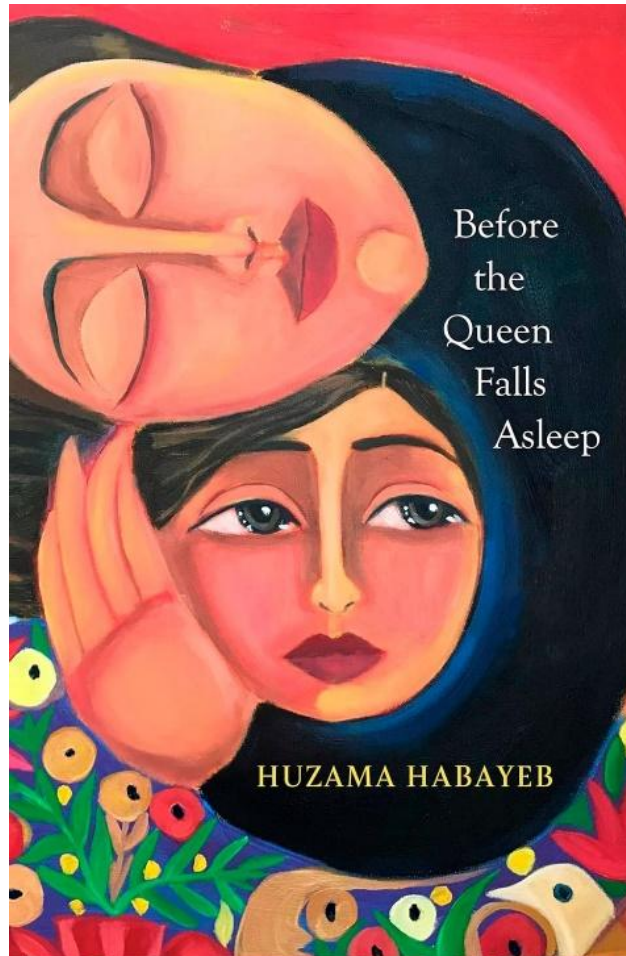
Combining the lush, haunting atmosphere of *Mexican Gothic* with the dreamy enchantment of *The Invisible Life of Addie LaRue*, *The Last Tale of the Flower Bride* is a spellbinding and darkly romantic page-turner about love and lies, secrets and betrayal, and the stories we tell ourselves to survive.

## About The Author

**Roshani Chokshi** is the award-winning author of the *New York Times* bestselling series the *Star-Touched Queen* and the *Gilded Wolves* as well as *Aru Shah and the End of Time*, which Time named one of the Top 100 Fantasy Books of All Time. Chokshi's adult debut, *The Last Tale of the Flower Bride*, was a #1 *Sunday Times* bestseller. Her novels have been translated into more than two dozen languages and often draw upon world mythology and folklore. Chokshi is a member of the National Leadership Board for the Michael C. Carlos Museum and lives in Georgia with her family.

Press Release

**BEFORE THE QUEEN FALLS ASLEEP**



**By Huzama Habayeb**

March, 2024 | Rs. 699

GENERAL & LITERARY FICTION

***A powerful novel about exile, displacement and family by an iconic Palestinian writer.***

## About The Book:

***\*One of the Guardian's books to look out for in 2024\****

***'A brilliant novel of the Palestinian diaspora. Funny and gritty, and bursting with life and humour' Ahdaf Soueif, Guardian***

Born a girl to parents who expected a boy, Jihad grows up treated like the eldest son, wearing boy's clothing and sharing the financial burden of head of the household with her father.

Now middle-aged, each night Jihad tells her daughter a story from her life. As Maleka prepares to leave home to attend university abroad, her mother revisits the past of their Palestinian family, tenderly describing their life in exile in Kuwait and her own experiences of love and loss as she grows up.

Huzama Habayeb weaves a richly observed and affectionate portrait of a Palestinian family displaced from their homeland, exploring with humour and poise the love and betrayal that pursues Jihad and her family from Kuwait to Jordan to Dubai. This is a novel whose words will resound long after you finish the final page.

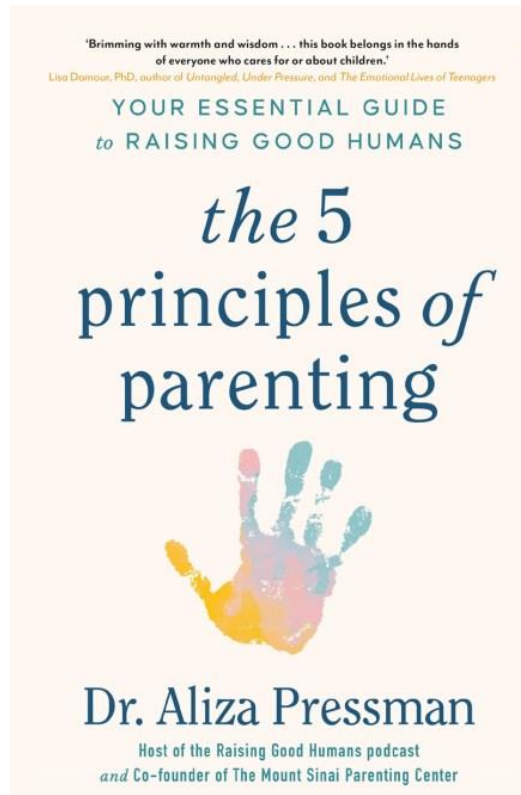
Translated from the Arabic by Kay Heikkinen

## About The Author:

***Huzama Habayeb*** is a Palestinian author and journalist. She was born in Kuwait, where she lived and worked as a journalist until she was forced to leave by the Gulf War. She settled in Jordan, establishing her reputation first as a short story writer, publishing her four prizewinning collections between 1992 and 2001, before publishing her first novel in 2007. Her first novel to be translated into English, *Velvet*, won the 2017 Naguib Mahfouz Medal for Literature and the 2020 Saif Ghobash Banipal Prize for Arabic Literary Translation. *Before the Queen Falls Asleep* is her second novel to be translated into English.

## Press Release

# THE 5 PRINCIPLES OF PARENTING



**By Dr. Aliza Pressman**

April, 2024 | Rs. 899

PARENTING

***‘Parenting is not one-size-fits-all. What Aliza does is come in and teach us how to individually handle how we raise children as well as ourselves. Her process is empowering and based not just on one person’s opinion. It seems impossible for one human to know so much research and yet her hard work has paid off for all of us. She lacks judgment and helps us all quiet the inner voices of doubt and gets us all into problem solution mode. I simply don’t know what I would do without her wisdom. She is my go-to for how we all, RAISE GOOD HUMANS, including ourselves!!’***

***—Drew Barrymore***



## About The Book:

*Let go of perfect and become a transformative, positive influence in a child's life while creating your own definition of success from developmental psychologist and podcaster Dr. Aliza Pressman.*

In the age of high-pressure parenting, when so many of us we feel like we've got to get everything exactly right the first time, Dr Aliza Pressman is the compassionate, reassuring expert we all need-and the one whose advice we can all use. Already beloved by listeners of hit podcast, Raising Good Humans, Dr Pressman distills it all with a handful of strategies every parent can use to get things right often enough: Relationship, Reflection, Regulation, Rules, and Repair.

The 5 Principles of Parenting doesn't presume to tell you how to parent with "my way is right" advice because the science is clear: There's no one "right" way to raise good humans. No matter how you were raised, how your coparent behaves, or how your kids have been parented up until now, you can start using *The 5 Principles of Parenting* to chart a manageable course for raising good humans that's aligned with your own values and with your children's unique temperaments.

Whether you're in the trenches with a toddler or a tween (because spoiler alert: the tantrums of childhood mirror of the tantrums of adolescence), it's never too late to learn to use these 5 principles to reparent yourself and help your kids build the resilience they need to thrive. Through practice and normalizing imperfection, along the way you'll discover the person you're ultimately raising is yourself. By becoming more intentional people, we become better parents. By becoming better parents, we become better people. Let's get started.

## About The Author:

**Dr. Aliza Pressman** is a developmental psychologist with nearly two decades of experience working with families and the health care providers who care for them.

Aliza is an assistant clinical professor in the Division of Behavioral Health Department of Pediatrics at the Icahn School of Medicine at Mount Sinai Hospital

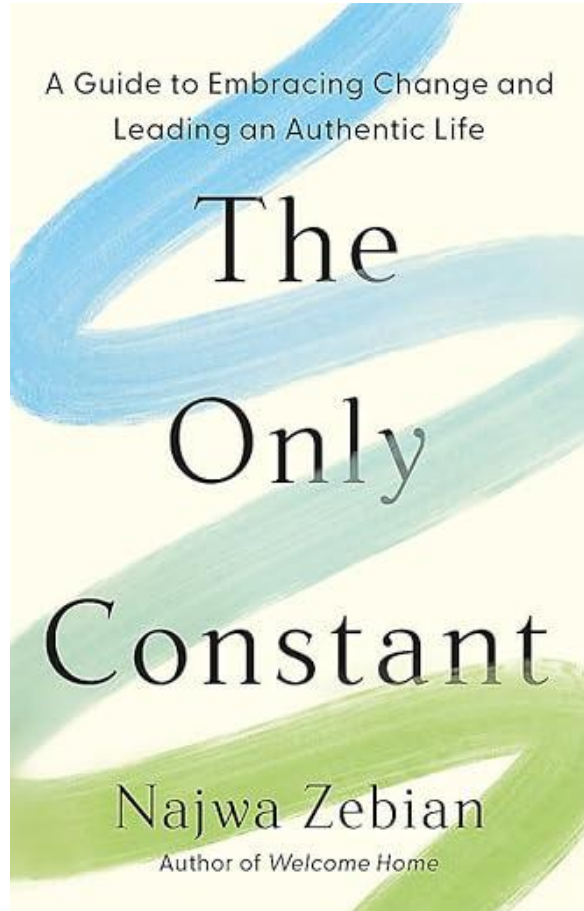


where she is cofounding director of The Mount Sinai Parenting Center. Aliza is also the host of the hit podcast, *Raising Good Humans*. She holds a BA from Dartmouth College, an MA in Risk, Resilience, and Prevention from the Department of Human Development at Teacher's College and her PhD in developmental psychology from Columbia University Graduate School of Arts and Sciences. Aliza also holds a teaching certificate in mindfulness and meditation from The Greater Good Science Center at the University of California at Berkeley. Aliza is the mother of two teenagers.

Press Release

**THE ONLY CONSTANT**

**A GUIDE TO EMBRACING CHANGE AND LEADING  
AN AUTHENTIC LIFE**



**By Najwa Zebian**

April, 2024 | Rs. 599

SELF-HELP

***“Change is hard- but Najwa shows you what’s on the other side,  
and she’s the one you want to lead you though it.”***

***—Melissa Urban, Author of The Book of Boundaries***

## About the book:

*From the author of Welcome Home, a tender and wise guide to identifying, navigating, and embracing the changes needed to live as your authentic self.*

Most people want something in their life to change, whether it's their job, their personal relationships, or their ability to live authentically. And sometimes, unwanted change comes all too swiftly. In *The Only Constant*, celebrated poet and educator Najwa Zebian guides her reader through the changes we must make (or those we need to endure) on the journey to our most authentic lives. She quiets the noise, teaches us to accept ourselves as we are now, and focuses on the necessity and beauty of those messy transitional times.

This is a profound guide to embracing the impermanence, and celebrating the fact that change is what puts the life in life. Written with poetic wisdom, Najwa shares her personal experiences with change (for example, rejecting her culture's definition of what constitutes a "good woman" so that she could live more honestly). She guides us through the changes we choose, like embarking on a new career or setting boundaries, and changes we don't choose, like the loss of a loved one, a relationship, or a job.

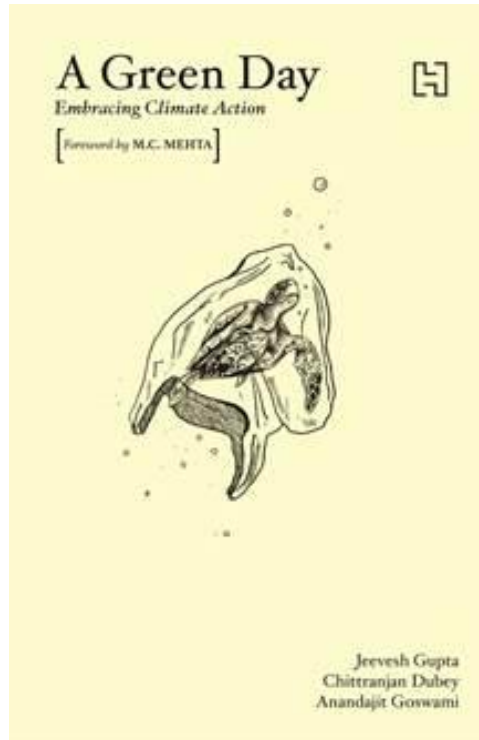
Ultimately, Zebian teaches that the purpose of change is to step into the world as your most authentic self. A highly practical guide to unfamiliar terrain, *The Only Constant* is here to assure us that uncertainty is natural. Yes, change is scary. But it's the path to living as your true self.

## About the author:

**Najwa Zebian** is a Lebanese Canadian activist, author, speaker and educator. Her search for a home was central to her early years as she struggled to find her place in the world. She became a teacher and a doctoral candidate in educational leadership. As Najwa began to write in an effort to connect with and heal her first students, a group of young refugees, she found that she was also writing to heal herself. The author of three collections of poetry, she delivered the TEDx talk 'Finding Home Through Poetry' and recently launched a digital school, Soul Academy, and a podcast, *Stories of the Soul*. Her work has been featured in the *New York Times*, *Glamour*, *Elle Canada*, *HuffPost* and more.

Press Release

**A GREEN DAY**  
**EMBRACING CLIMATE ACTION**



**By Jeevesh Gupta, Chittranjan Dubey & Anandajit Goswami**

April, 2024 | Rs. 499

ESSAYS

***‘Green Day curves out a transition journey of human civilization towards a solution-oriented world through in which we magnify shared dreams of people for sustainability and climate action from all across the world.’***

***—Eric Solheim, Former Minister of Climate and the Environment of Norway***

## About the book:

***An engaging compilation of perspectives on climate activism. With a foreword by M.C. Mehta & afterword by Roger Hallam!***

The impassioned essays, noteworthy profiles and first-person narratives in this anthology champion grassroots and global environmental movements that have persuaded policymakers and mobilized communities to take note of the worsening state of the natural order. From the Global South to the Global North, change advocates and those experiencing the thick of the emergency revisit the tipping points in their activism journey, lay out harsh truths about the extent of damage caused and offer scalable solutions to combat the mounting crisis.

Outlining their rage, despair, fears and hope for the future, the campaigners underscore that there may be reasons to be optimistic despite the dreary reality we find ourselves in. While calling for collective action, these wide-ranging, inspiring and urgent stories reflect a diverse landscape of climate activism and are enough evidence that a sea change is possible.

## About the editors:

**Jeevesh Gupta** is an environmentalist and social activist who works in the areas of disability and climate change. Jeevesh left his corporate career in 2010 and has been a social-change agent for over a decade. He has been a co-founder/active member of many groups and movements, including the Extinction Rebellion and Delhi Drum Circle and Movement to save more than fifty thousand trees in the seven GPRA colonies of Delhi. He runs a trust called Campaign for Differently Abled, whose motto is 'Let's see what they see and show them what we see'. He writes for a community magazine called *Samvada*, blogs actively on i-jeevesh.blogspot.com and is an active contributor to *Mainstream Weekly*.

**Chittranjan Dubey** is an environmentalist raising awareness about the ecological crises in Europe and India. His work has been covered by media houses like BBC, *The Telegraph*, Reuters, *Ouest-France*, *Reporterre*, RFI, *London Review of Books*, *TRT World*, *VICE*, *Bangkok Post*, *The Straits Times*, *The Economic Times*, *Times of India*, *Hindustan Times*. He volunteered with the Extinction Rebellion movement in cities like London, Berlin, Delhi, Brussels and Madrid, where people turned up on

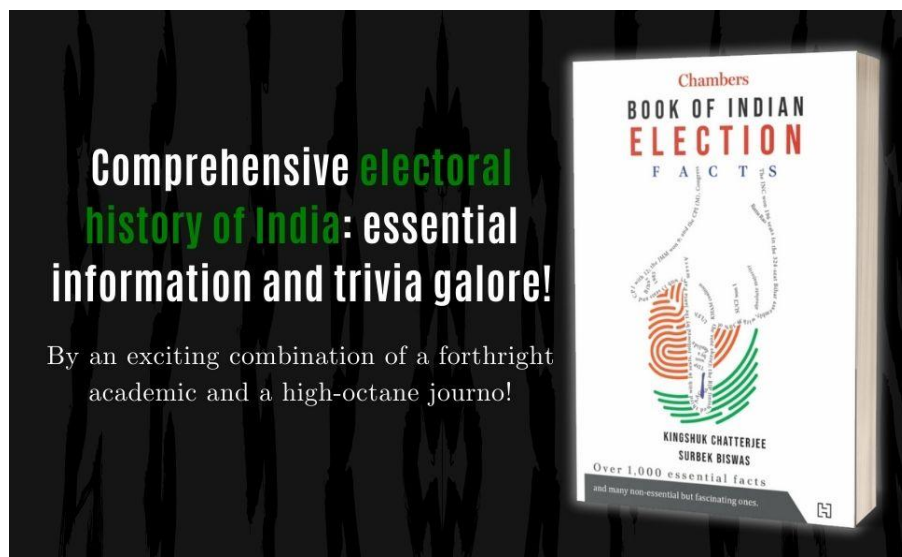
the streets, demanding their governments declare a climate emergency. As a social activist, he was involved in the India Against Corruption Movement in 2010–2011. He also teaches meditation in European countries in addition to his IT consulting job.

**Anandajit Goswami** is a research fellow with the Ashoka Centre for People-centric Energy Transition, Ashoka University, and has been a director and professor at the School of Behavioural and Social Sciences (SBSS), Manav Rachna International Institute of Research and Studies. He has been an ambassador of the anti-tobacco campaign of NADA Foundation across states and has been recognized by the All India Human Rights Council, Child Rights and You, and WWF India for his contribution in the space of human, child and animal rights in India.

## **CHAMBERS BOOK OF INDIAN ELECTION FACTS**



## REFERENCE



## About The Book:

***Comprehensive electoral history of India encompassing essential information and trivia galore!***

*Chambers Book of Indian Election Facts*, the first book of the Chambers Facts series in India, covers Indian elections right from the beginnings in the second half of the nineteenth century to present-day India. This compact chronicle of modern Indian elections is divided into three parts: the age of Congress dominance (around 1952–77); the age of political fragmentation (1977–99) and, finally, the age of ascendancy of the BJP (roughly 1999 onwards).

Comprehensive coverage of all Lok Sabha and Vidhan Sabha elections, derived from meticulous research that is blended with journalistic verve, makes the book fascinating and useful. This easily accessible one-of-a-kind quick reference to Indian electoral history with all essential information as well as intriguing beyond-the-ballot events is sure to both educate and entertain.

## About The Authors:

***Kingshuk Chatterjee*** is a Professor of History at Calcutta University. He has previously served as a Founding Professor in the Department of History, School of Humanities and Social Sciences at Shiv Nadar University and as a Fulbright Scholar-in-Residence at the United States Naval Academy in Annapolis, Maryland.

***Surbek Biswas*** is Special Correspondent at *Ei Samay*, the Bengali daily from the Times of India Group. Previously he has worked for *Anandabazar Patrika* and *Hindustan Times*. He has been covering elections since 1999. Surbek covers crime, terrorism and politics, and he frequently writes political columns in the editorial page. He runs a food blog in the digital wing of *Ei Samay*.



## Press Release

# **FUN WITH FESTIVALS**



April, 2024 | Rs. 299

REFERENCE

*Now enjoy your favourite festival even more with myths, legends, and fun things to do throughout the year!*

## About the book:

From Diwali's dazzle to Holi's hues, from Navratri's beats to Eid's feasts and from Christmas carols to New Year treats, get set to rejoice with your loved ones. Packed with festive facts, wonderful things to make, and exciting activities to do with friends and family, this delightful book has everything you need to turn each day into a cheerful celebration.

It's all here! So why wait?

Learn to make your favourite goodies, help your folks decorate the house, make DIY gifts for your friends, and dig into this super one-stop celebration collection to create cherished memories.



Press Release

**COINS IN RIVERS**



**By Rochelle Potkar**

April, 2024 | Rs. 450

POETRY

***These poems spark and spin with feminine energy and surreal thought, critical reflection, and restlessness. This is dynamic risk-taking poetry.***

***—Adam Aitken, winner of the 2021 Patrick White Award***

## About The Book:

*Fierce feminist poetry for fans of Kamala Das and Adrienne Rich!*

Fierce and unflinching, Rochelle Potkar's poetry springs from the deeply personal and ripples out to the world, capturing lovers' whispers and reverberations of explosions with equal ease.

Vividly depicting love, grief, anger, and defiance, these poems glimmer like coins beneath the water surface, tethered with the weight of wishes clinging to them.

As sensuous as it is articulate, *Coins in Rivers* is a deep meditation on womanhood, motherhood, and citizenship.

***Exceptional work. Rochelle Potkar's imagination is rich and carefully employed to her poetic purposes, sensitively met with through her concrete imagery and cosmopolitan vocabulary.***

***—Jayanta Mahapatra, awarded the Sahitya Akademi award and the Padma Shri***

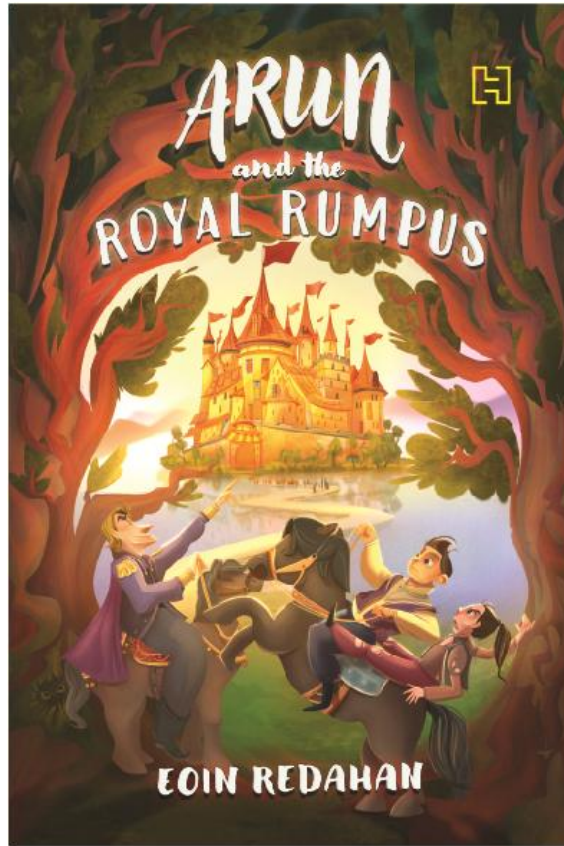
## About The Author:

**Rochelle Potkar** is an alumna of Iowa's International Writing Program and was a Charles Wallace Writer's fellow, University of Stirling. Her poetry book *Paper Asylum* was shortlisted for the Rabindranath Tagore Literary Prize 2020 and her poetry film *Skirt* was showcased on Shonda Rhimes' Shondaland.



Press Release

## **ARUN AND THE ROYAL RUMPUS**

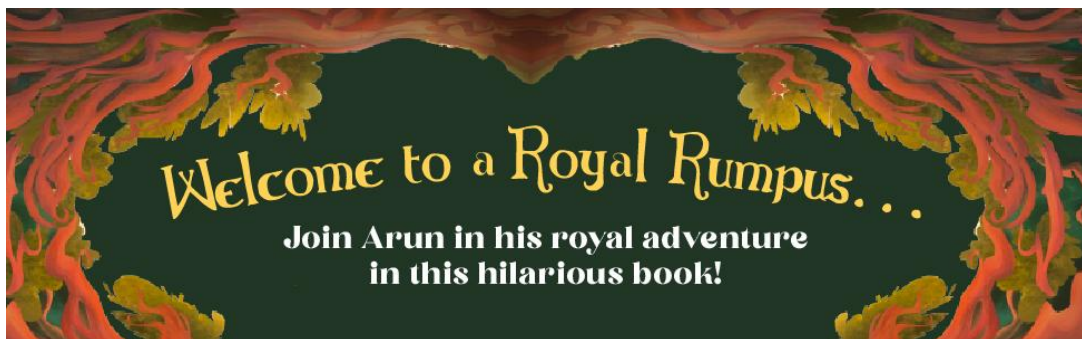


**By Eoin Redahan**

April, 2024 | Rs. 499

GENERAL & LITERARY FICTION

***Brimming with humour and adventure, this is not just one boy's gritty tale of friendship, family, and mayhem – it's a downright royal rumpus!***



## About the book:

Would you rather have the body of a tiger and the head of a boy, or the body of a boy and the head of a tiger?

(Arun wants to know)

When Arun, a twelve-year-old mischief maker hiding in the mountains, finds out about the plot to capture the crazy King Lalu, he vows to stop the vicious Vin and his thugs – by joining them.

Armed only with a pea-shooter, Arun journeys through treacherous terrain, eerie forests, rushing rivers and even the sewers of Asamana with the help of the quick-tempered Krishma and scrappy Sai.

Whether it's outsmarting the brutes, stealing a grouchy giant's keys, or trotting down a narrow mountain ledge on a one-eyed pony, Arun is ready to brave it all to save the king.

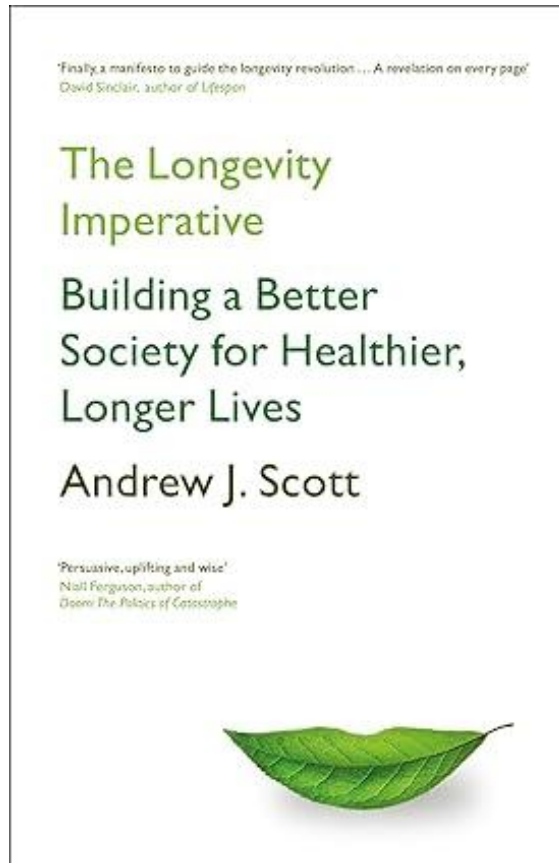


## About the author:

**Eoin Redahan** is the author of funny, fast-paced fiction for young readers and adults. He grew up in Ireland – in a place of story and sideways rain. After butchering the Italian language in Turin for a year, working at a dysfunctional newspaper in Cambodia and travelling the world, he finally settled in London, where he lives with his wife. Eoin's professional background is in journalism, and he won *Writer of the Year* at the UK-wide Independent Publisher Awards twice for his feature writing. These happened so long ago that he should be embarrassed to mention them. But Eoin is shameless. Oh, and his name is pronounced Own, but he's fine with Owe-in too.

## Press Release

# **THE LONGEVITY IMPERATIVE** **BUILDING A BETTER SOCIETY FOR HEALTHIER,** **LONGER LIVES**



**By Andrew J. Scott**

April, 2024 | Rs. 799

GENERAL NON FICTION

***‘Compelling...important and timely.’***

**—Financial Times**

***‘A must-read book with an important message and many lessons.’***

**—Daron Acemoglu**

## About the book:

*A leading expert on longevity calls for a revolution in the way we think about health, ageing, and the future...*

The last century saw a revolution in life expectancy. Whether you are male or female, born in the global south or north, the chances are that you can expect to live much longer than previous generations.

But instead of seeing this as a precious gift of extra life, we see it as a burden, with ageing populations dogged by infirmity, dependent on an ever-decreasing number of young people to support them.

Andrew J. Scott argues it doesn't have to be like that. Our longer lives can be a source of hope and fulfilment if we seize the opportunity to pursue the evergreen agenda, one in which we pursue a sustainable lifestyle both for ourselves as individuals - investing in our finances, health, skills and relationships to support a longer life - and for the planet.

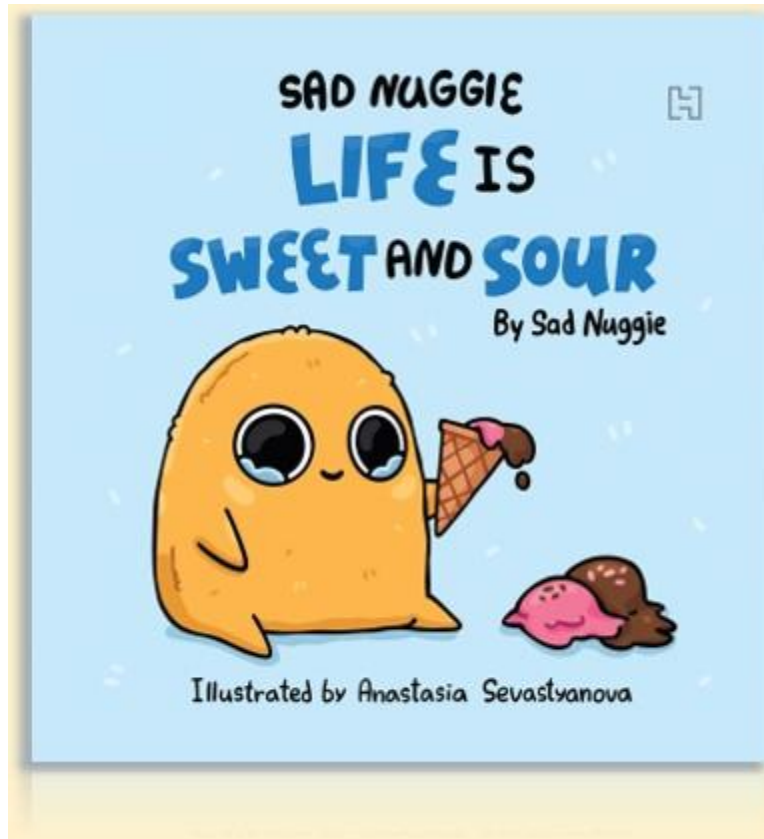
## About the author:

A prize-winning speaker, author, researcher and teacher, **Andrew J. Scott** brings a unique perspective to this most personal and profound global trend – covering issues from what to eat for breakfast, what should happen to retirement through to the need to rethink our culture around ageing. His global best-seller, *The 100 Year Life*, has been published in more than 20 countries.



Press Release

**SAD NUGGIE**  
**LIFE IS SWEET AND SOUR**



**By Ryan Thompson and Anastasia Sevastyanova**

April, 2024 | Rs. 699

COMICS

**Meet *SAD NUGGIE***

**The anxious, high-strung and  
unbearably cute chicken nugget!**



## About the book

*A stupendously charming comic about an anxious chicken nugget persevering through life despite his uncertain mental health.*

Sad Nuggie has moved to a new city. It's huge. It's noisy. It's downright overwhelming! And Nuggie is, well, anxious. Duh. With his scary levels of social anxiety, making new friends has been an uphill battle. He routinely drowns in the pool of his salty tears at work - his equally 'fried' colleagues, too, are at their wit's end. But most of all, finding that one special nugget on 'Tender' is proving to be a task!

Nuggie's super-smart therapist has helpful advice for him. They are a little hard to follow... but Nuggie is doing his best to act on them, survive and hopefully THRIVE.

Adorable, rib-tickling and surprisingly wise, Sad Nuggie's (mis)adventures underscore the importance of self-love, healthy friendships and getting on with life no matter what!



## About the author

**Sad Nuggie Ltd.** was officially launched on 1 August 2022 by Ryan Thompson.

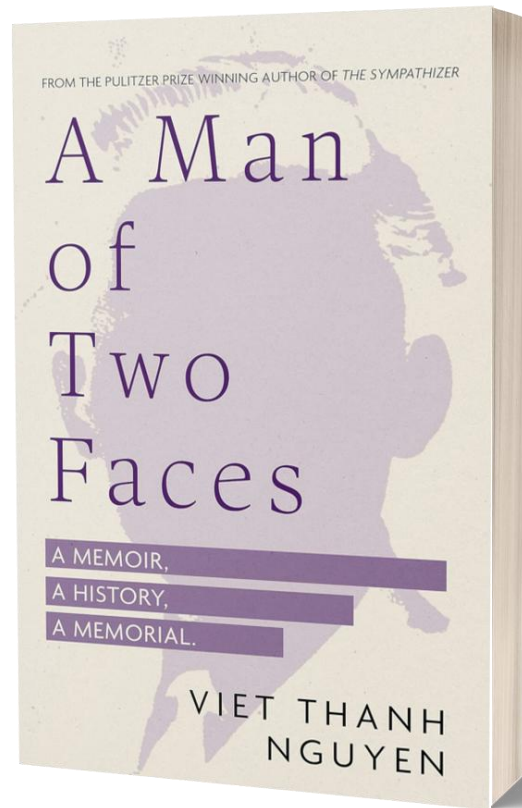
Since inception, Sad Nuggie gifs, videos, and images have been seen and shared hundreds of millions of times around the world. Sad Nuggie Ltd. loves to give back to the community alongside working with charities, especially in the mental health sector. They donate a percentage of sales back to programs and charities, helping those struggling with their mental and emotional health.

**Anastasia Sevastyanova**, also known as sevastasi, has been a freelance digital illustrator since 2019. With a rich portfolio, she has lent her artistic prowess to numerous children's and young adult books. Her expertise extends into character design and sticker art, with the iconic Sad Nuggie standing out as a testament to her passion and dedication. Anastasia approaches her craft with meticulous care, infusing each project with a profound love for her work. Her journey in the realm of digital illustration reflects a commitment to excellence and a genuine enthusiasm for bringing stories to life visually.



## Press Release

# **A MAN OF TWO FACES**



**By Viet Thanh Nguyen**

April, 2024 | Rs. 699

ESSAYS

***'The Pulitzer Prize-winning writer pushes the boundary of genre  
in his new memoir'***

**— New York Times**

***'A Man of Two Faces is a witty and scathing look at what it  
means to be a refugee, an immigrant, and an American in a  
world that doesn't see you as you see yourself'***

**— TIME Magazine**

## About the Book:

*The unconventional memoir by the Pulitzer Prize-winning author.*

At the age of four, Nguyen and his family are forced to flee his hometown of Ban Mê Thuôt and come to the USA as refugees. After being removed from his brother and parents and homed with a family on his own, Nguyen is later allowed to resettle into his own family in suburban San José. But there is violence hidden behind the sunny façade of what he calls AMERICA™.

As a teenager, the blood-stirring drama of the films of the Vietnam War such as *Apocalypse Now* throw Nguyen into an existential crisis: how can he be both American and Vietnamese, both the killer and the person being killed?

Resonant in its emotions and clear in its thinking about cultural power, '*A Man of Two Faces*' explores the necessity of both forgetting and of memory, the promises America so readily makes and breaks, and the exceptional life story of one of the most original and important writers working today.

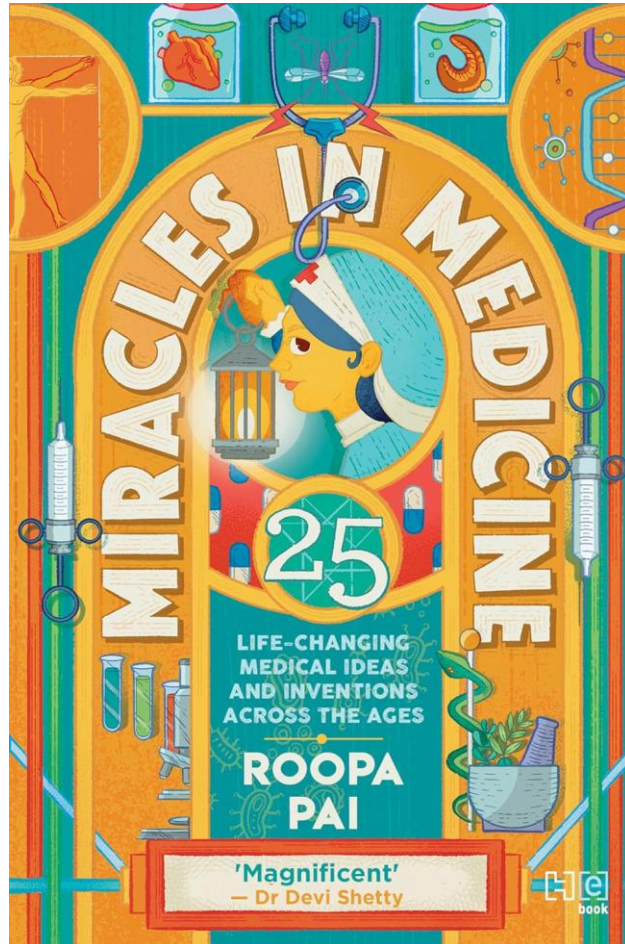
## About the Author:

**Viet Thanh Nguyen** was born in Vietnam and raised in America. He is the author of *The Committed*, which continues the story of *The Sympathizer*, awarded the 2016 Pulitzer Prize in Fiction, alongside seven other prizes. He is also the author of the short story collection *The Refugees*; the nonfiction book *Nothing Ever Dies*, a finalist for the National Book Award and the National Book Critics Circle Award; the children's book *Chicken of the Sea*, with his son Ellison and with Thi Bui and Hien Bui-Stafford; and is the editor of an anthology of refugee writing, *The Displaced*. He is a University Professor and the Aerol Arnold Professor of English and American Studies and Ethnicity at the University of Southern California and a recipient of fellowships from the Guggenheim and MacArthur foundations. He lives in Los Angeles.



## Press Release

# MIRACLES IN MEDICINE



**By Roopa Pai**

April, 2024 | Rs. 499

GENERAL NON-FICTION

***Bestselling author Roopa Pai brings her signature style and top-notch research to these trailblazing stories about human health and healing in yet another inspiring and entertaining book for children!***

## About the book:

**Can you imagine a world where surgeries and amputations were conducted without anaesthesia?**

**OUCH!**

**Or one in which disease was believed to be caused by 'stinky air'?**

**WEIRD!**

**Or a world where treating madness involved drilling a hole through the skull to release the supposed 'demons' inside your head?**

**SAY WHAAAAA...?!**

Guess what? That was our world, just about 250 years ago!

All of this began to change in the eighteenth century with the coming of modern medicine. This brave new science, full of brilliant breakthroughs, was built on the hard work, dedication and persistence of thousands of curious minds across the ages, from Arabia to China and India to Europe.

Packed with fascinating stories, insights and illustrations, this book is a celebration of 2,500 years of human endeavour and innovation in the medical sciences. Read it and raise a rousing cheer to the amazing people who gave their all to unravel the secrets of the natural world and the human body, so that we could live longer, healthier and happier lives.

**Previously published as *From Leeches to Slug Glue: 25 Explosive Ideas that Made (and Are Making) Modern Medicine*, this new edition, with an all-new cover, has been made more compact textually and refreshed to be more reader-friendly visually.**

## About the author:

**Roopa Pai**, a Bengaluru-based writer, columnist, and speaker, is one of India's best-known children's authors. Many of her books are bestsellers, enjoyed as much by adults as by children. Among them is the award-winning, much-translated *The Gita for Children*, listed by Amazon India as one of '100 Indian books to read in a lifetime'. Her TEDx talk 'Decoding the Gita: India's Book of Answers' has received over two million views to date. When she isn't writing, Roopa leads heritage walks around her city with BangaloreWalks, a company she co-founded.